OBAMA WASTES NO TIME ON FIRST DAY, PG 6

Mazatlan
$209* from
westjet.com
WESTJET
*Some restrictions apply. Taxes not included. See westjet.com for details.

The world's largest global newspaper
metro®
VANCOUVER • THURSDAY, JANUARY 22, 2009 metronews.ca

Celebrity Buzz

Mendes' spicy list for desert isle

pg 18

Polygamy lawyer to base defence on gay marriage

CHARGES The lawyer for one of two religious leaders facing polygamy charges in British Columbia said he plans to use gay marriage and the right to religious freedom to defend his client.

Blair Suffredine, lawyer for Winston Blackmore, said that if adults of the same sex can legally marry, the same right should apply to consenting adults who want to enter conjugal relationships with more than one person at a time.

Church

- The main Mormon church ended the practice of polygamous marriage in 1890.

Blackmore, 52, is charged with having 20 wives. He and James Oler, 44, who is also facing polygamy charges for having two wives, appeared in court in Creston yesterday morning. They are rival leaders in the religious community of Bountiful and face up to five years in jail if convicted.

Neither is being kept in custody ahead of the trial, which was delayed until February to give the Crown more time to prepare its case. METRO VANCOUVER

JEFF HODSON/METRO VANCOUVER

A worker on the Surrey side of the Pattullo Bridge yesterday inspects the spot where a steel-concrete span will be installed to replace the wooden trestle that was destroyed in a fire Sunday. The replacement span will cost TransLink less than $2 million.

Expect Pattullo open in 2 weeks: TransLink

Timeline possible due to Canada Line leftover

JEFF HODSON
jeff.hodson@metronews.ca

The Pattullo Bridge could reopen within two weeks, TransLink said yesterday.

The transportation authority unveiled plans to replace the bridge's fire-damaged wooden trestle with a steel-concrete span from the construction of the Canada Line.

Sunday's closure of the aging bridge — which handles 80,000 car trips a day — caused massive congestion as commuters flocked to the Port Mann and Alex Fraser bridges.

Initial estimates placed the trestle's replacement as anywhere from four to six weeks.

"Construction will proceed on a 24-hour basis," said Sheri Plewes, TransLink's vice-president of capital management and planning. "We expect it to be complete within two weeks and will be making every effort to do it quicker."

"Construction will proceed on a 24-hour basis."
Sheri Plewes, TransLink

The total cost to TransLink is less than $2 million. Piledriving will begin today.

TransLink planned to replace the wooden trestle this summer, Plewes said, and had hired a contractor to design a replacement.

A modified version of that design will make use of an existing steel-concrete span that was used to cover the Canada Line excavation at 41st Avenue and Cambie Street.

Plewes said the shortened timeline is possible because much of the engineering work was already done, and because the Canada Line span was available.

3 off-duty cops arrested for assault, robbery

KRISTEN THOMPSON
kristen.thompson@metronews.ca

INVESTIGATION Three off-duty police officers were arrested for assault and robbery in downtown Vancouver yesterday after an alleged altercation with a 47-year-old Surrey man.

Police provided little information except to say the officers, who are from the West Vancouver, New Westminster and Delta police departments, were allegedly involved in an altercation with the man on Burrard Street early in the morning.

Vancouver Police Const. Jana McGuiness said an ambulance was called to the scene but no one was taken to hospital.

"Crown will be asked to review any potential charges," she said.

West Vancouver police Cpl. Fred Harding said a junior constable with the department was arrested in the "off-duty incident."

"The criminal investigation is in the preliminary stages," he said.

All three departments have initiated investigations into the officers' conduct and the possible charges against them.

"Our members have a commendable record for providing excellence in policing," said Delta police Const. Jim Cessford. "The process in place demonstrates that our officers are held accountable to the community. The resolution into this matter now rests on the principles of due process."

ShareYourViews
vancouverletters@metronews.ca

Food pg 12

Lucky foods, lucky year?

Please recycle

†On select 3-year plans. ™Rogers & Mobius Design are trademarks of Rogers Communications Inc. used under license. All other brand names and logos are trademarks of their respective owners. © 2009 Rogers Wireless.

Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

Get a bundle you can bank on.

Most reliable home phone‡ | Most choice in long distance | Most secure High Speed access**

Save over 15%* with a bundle you can bank on.

From $54.95/mo.* for 1 year, with 1 month FREE†.

TELUS

the future is friendly®

TELUS AUTHORIZED DEALERS

LOWER MAINLAND

Vancouver
551 Robson St.
Oakridge Centre
Pacific Centre
2163 West 4th Ave.
501 West Georgia St.
101 - 925 West Georgia St.
5720 East Blvd.
689 Thurlow St.
3 - 1855 Burrard St.
3343 West Broadway
2748 Rupert St.
1 - 525 Seymour St.
150 - 625 Howe St.
105 - 950 West Broadway
1707 Robson St.
1092 Kingsway
10 - 3490 Kingsway

Aldergrove
310 - 26310 Fraser Hwy.

Abbotsford
Sevenoaks Shopping Centre
2 - 32915 South Fraser Way
1 - 2142 Clearbrook Rd.
401 - 2140 Sumas Way

Burnaby
Brentwood Mall
Crystal Square
Lougheed Mall
Metrotown/Metropolis
214B - 4501 North Rd.
4711 Kingsway
7531 Market Crossing
111 - 3823 Henning Dr.
204B - 3430 Brighton Ave.

Chilliwack
Cottonwood Mall
103 - 45300 Luckakuck Way
11 - 45905 Yale Rd.
7544B Vedder Rd.

Cloverdale
201 - 17725 64th Ave.

Coquitlam
Coquitlam Centre
101 - 3278 Westwood St.
5 - 3000 Lougheed Hwy.
2700B Barnet Hwy.
22 - 2988 Glen Dr.
2 - 901 Lougheed Hwy.

New Westminster
Royal City Centre

Delta
Scottsdale Mall
7235 120th St.
1517 56th St.

Langley
Walnut Grove Town Centre
Willowbrook Shopping Centre
3 - 19638 Fraser Hwy.
103 - 19700 Langley Bypass
C104 - 20159 88th Ave.
19971 96th Ave.
C7 - 20202 66th Ave.

Maple Ridge
22661 Lougheed Hwy.

Mission
100 - 32670 Lougheed Hwy.
318 - 32555 London Ave.

North Vancouver
Capilano Mall
127 - 1199 Lynn Valley Rd.
1295 Marine Dr.
1748 Lonsdale Ave.
1392 Main St.

Port Moody
202 Newport Dr.

Pitt Meadows
735 - 19800 Lougheed Hwy.

Richmond
Aberdeen Centre
Admiralty Centre Mall
Ironwood Mall
Lansdowne Mall
Parker Place
Richmond Centre
115 - 12571 Bridgeport Rd.

Surrey
Central City Shopping Centre
Guildford Town Centre
201 - 13734 104th Ave.
135 - 12477 88th Ave.
2404 King George Hwy.
1675 128th St.
108 - 7380 King George Hwy.
403 - 15940 Fraser Hwy.
10310A 152nd St.

West Vancouver
Park Royal Shopping Centre
North/South

White Rock
Semiahmoo Shopping Centre
10 - 3189 King George Hwy.

OKANAGAN/NORTHERN BC

Aberdeen Mall (Kamloops)
Northills Centre (Kamloops)
Orchard Park Mall (Kelowna)
Spall Plaza (Kelowna)
Cherry Lane Shopping Centre (Penticton)
Pine Centre (Prince George)
Piccadilly Mall (Salmon Arm)
Village Green Mall (Vernon)

Whistler
7009 Nesters Rd.

Squamish
38116 2nd Ave.

Call 310-1144 or visit telus.com/bundle or your nearest TELUS authorized dealer.

*Offer available until February 2, 2009 to residential clients in select locations. Starting on month 13 bundle rate will be $59.95/month. Prices may vary for existing clients on a TELUS Long Distance or High Speed Internet service agreement. †1 month of free services available to clients who have not subscribed to TELUS High Speed Internet in the past 90 days. Minimum system requirements apply. ‡Based on total service disruptions and outages experienced by clients in the past year. **Defined as the most comprehensive suite of hardware and software security tools. © 2009 TELUS.

Good Taste for a good cause
Some of B.C.'s top restaurants, wineries, breweries and cheese purveyors are offering samples of their products at Vancouver's Hyatt Regency Hotel tonight for the annual Taste B.C. fundraiser. Proceeds go to B.C. Children's Hospital. METRO VANCOUVER

Local

Local chef brings the heat to France

Vancouver chef David Wong, left, flew to Lyon, France, yesterday to compete in the prestigious biennial Bocuse D'Or culinary competition. Wong performed 50 trial runs over two years to perfect his menu and will be competing against 23 other world-renowned chefs. METRO VANCOUVER

VANOC OKs new budget

Plan adjusted for global crisis

KRISTEN THOMPSON
kristen.thompson@metronews.ca

VANOC's board of directors approved a revised operating budget for the 2010 Games yesterday because of a sponsorship crunch due to the global economic crisis.

Dave Cobb, VANOC's vice-president of revenue, said the updated budget isn't significantly different from the last one, and is designed to help the organization weather financial challenges in the coming year.

"There's been a lot of fine-tuning, a reallocation of dollars, but the overall dollars we expect to raise is similar to our last business plan," Cobb said.

He said the budget remains close to the original $1.62 billion, but includes an enhanced contingency fund to address unforeseen financial problems.

Board chairman Jack Poole said the new budget manages to protect the project from the "worldwide financial uncertainties," while ensuring Canada is able to deliver a "spectacular Games" for the world.

VANOC still needs three or four new major sponsors to raise another $10 million.

Details of the budget will likely be released in the coming days, pending approval from the International Olympic Committee.

New sponsor

- On Tuesday, VANOC announced a new sponsorship deal with Cold-fX.

JEFF HODSON/METRO VANCOUVER

The Hills star Lo Bosworth, pictured during a visit to Vancouver yesterday.

Hills star gives Lo-down on birth control pills

BOSWORTH As a Gen-Yer on a show about sex, The Hills star Lo Bosworth said becoming the face of a birth-control product was the responsible thing to do.

Bosworth, 22, whose name is Lauren, but who goes by Lo, has spent the past six years on the small screen as one of the stars of MTV's reality show Laguna Beach and its spinoff, The Hills.

"I feel (birth control) is something that is no longer ignored — people talk about it," said Bosworth, who was in Vancouver yesterday to promote Yaz, a new birth control pill.

Bosworth was initially reluctant to become a spokeswoman for the contraceptive, but said she researched the drug's claims and was won over.

The Hills is entering its fifth season. Bosworth says the show is successful because it's relatable, yet fantastical.

"Everybody goes through breakups and fights with their friends and new relationships. Everyone relates to it in a very good way and loves the show because it's pretty and glamorous."

JEFF HODSON / METRO VANCOUVER

News in brief

CHARGE An 86-year-old Aldergrove man is charged in the death of a flag person in Fort Langley. Melle Pool allegedly hit Terrance Mitchell, 52, with his pickup truck while Mitchell directed traffic around a construction worker.

GROW-OP A Burnaby couple was arrested after officers said they discovered a "sophisticated" grow-op in a home they shared with their two children. Police were investigating possible electricity theft and found more than 400 pot plants. The children were removed from the home. METRO NEWS SERVICES

metronews.ca
WHAT'S ONLINE TODAY

Video Families of 9-11 victims outraged after trials of Gitmo detainees halted at **metronews.ca/world**

Lotteries

Lotto 6/49	8, 32, 34, 39, 43 & 48. Bonus 25
BC 49	4, 8, 9, 13, 14 & 46 Bonus 36
Extra	24, 27, 38, 71

These results are not official.

DIPLOMA PROGRAMS*

HEALTH CARE — Practical Nursing | Addictions and Community Services Worker | Intra-Oral Dental Assistant | Resident Care Attendant | Early Childhood Education | Veterinary Office Management

BUSINESS & LEGAL — Paralegal | Business Administration – E-Commerce Management | Accounting & Payroll Administrator | Travel & Tourism | International Trade (FITT) | Legal Administrative Assistant

TECHNOLOGY & TRADES — Construction Electrician Foundations | Plumbing Foundations | Programmer Analyst – Internet Solutions Developer | Network and Database Administrator | Computer Graphic Design

- Financial Assistance Available to Qualified Applicants
- Practicum Placements for All Programs
- High Graduate Employment Rates
- 11 Campuses in BC
- Classes Filling Fast – Call Now to Reserve a Seat

* Not All Programs Available At All Campuses.
Pertains to a Vancouver Career College Program
Pertains to a CDI College Program

VANCOUVER CAREER COLLEGE
WWW.VANCOL.COM
Vancouver 604-915-9675 Surrey 604-580-2133
Burnaby 604-438-6881 Coquitlam 604-944-8855

CDI COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE
1 888-654-4179
WWW.CDICOLLEGE.CA
PCTIA ACCREDITED

Catch all three original Star Wars flicks this weekend

Fans of the original Star Wars trilogy will get to watch all three original copies of the films on the big screen in Vancouver this weekend. Star Wars: A New Hope, The Empire Strikes Back and Return of the Jedi will be shown Saturday night at the Vancouver International Film Centre. METRO VANCOUVER

Alleged gang member shot at

A notorious Abbotsford man with alleged ties to the Red Scorpions gang was nearly killed in a drive-by shooting at a busy Abbotsford intersection.

Police have yet to confirm the identity of the targeted man, but according to media reports the victim is 23-year-old Jamie Bacon, the younger brother of Jonathan and Jarrod Bacon — both of whom are also well known to police.

Const. Casey Vinet said the man was wearing body armour when gunmen opened fire on his Mercedes.

Death threats

- In May, the B.C. Integrated Gang Task Force said the Bacon brothers have been targets of death threats.

The man, who was unharmed, then crashed the bullet-riddled car into concrete stairs in front of a restaurant and ran off. Jamie and his brother Jarrod are currently facing 24 firearms and drug charges.

In 2006, Jonathan was nearly killed in a shooting outside his family's home.

METRO VANCOUVER

Put your mind at ease.

Let's figure it out.

Come in for your TD Personal Assessment and get the retirement advice you need.

With our expert advice, you'll get the confidence you need to help ensure your investments and your retirement plan stay on track. We'll give you guidance on everything from RSP contributions to saving techniques. Come in to a branch and get the advice you need to help put your mind at ease. RSP deadline is March 2nd.

Visit a branch today to get your TD Personal Assessment.

1-877-654-3838 • www.tdretirement.com/tdrsp

TD Canada Trust TD Waterhouse

TD Waterhouse represents the products and services offered by TD Waterhouse Discount Brokerage, TD Waterhouse Financial Planning, and TD Waterhouse Private Investment Advice, which are divisions of TD Waterhouse Canada Inc. (Member CIPF), TD Waterhouse Private Investment Counsel Inc., TD Waterhouse Private Banking (whose services are offered by The Toronto-Dominion Bank) and TD Waterhouse Private Trust (whose services are offered by The Canada Trust Company). TD Waterhouse and 'Let's figure it out' are trade-marks of The Toronto-Dominion Bank.

Dziekanski's mom not helped by staff: Friend

TASER Robert Dziekanski's mother was not given enough help to find her son the day he was Tasered multiple times at Vancouver International Airport, her friend told an inquiry into the death yesterday.

Sofia Cisowski, Dziekanski's mother, waited hours with Richard Hutchinson at YVR, staring at the glass doors of the international arrivals area. They asked an employee at an information booth what to do, CBC News Online reports.

Repeated attempts for help resulted in being told to wait longer or to go to the immigration office, Hutchinson said at the Braidwood Inquiry.

After several hours an immigration officer told them they had been waiting too long and that Dziekanski was not at the airport. Hutchinson said they were told to go home, which they did.

Later that day, Oct. 14, 2007, an agitated Dziekanski was Tasered by four RCMP officers. He died shortly after.

METRO NEWS SERVICES

Student debt soars to $13B

TARYN MCELHERAN
for Metro Vancouver

LOANS As of yesterday, students across Canada owe $13 billion in loans, according to Statistics Canada.

In response, students held free soup kitchens on B.C. college and university campuses to raise awareness.

Shamus Reid, chairperson of the Canadian Federation of Students, said that student debt is a setback for many.

"Student loan obligations reduce the ability of new graduates to start a family, work in public service careers, invest in other assets, volunteer or take lower-paying jobs in their field to get their foot in the door."

News in brief

MISSING Police are asking for the public's help in finding a missing 24-year-old Maple Ridge man. Joshua Douglas Hedrick was last seen at his home on Jan. 11, and hasn't been seen since. His family says it's unusual for Hendrick to go so long without contacting them.

METRO NEWS SERVICES

Former PMs urge 'green stimulus'
Four former prime ministers called yesterday on Ottawa to include a "green stimulus" in Tuesday's budget in an attempt to stimulate Canada's flagging economy. "Green stimulus creates jobs," former prime ministers Kim Campbell, Joe Clark, Paul Martin and John Turner wrote in a statement. **CBC NEWS ONLINE**

Canada

Baby dials 911, dad arrested

A White Rock, B.C., man was arrested last Friday after his 11-month-old son dialed 911 and then hung up. RCMP responded to the call, only to find the baby playing with a cordless phone. Further inspection of the residence revealed a 500-plant marijuana grow-op. The father will appear in court in early April, and the baby was released into the mother's custody. METRO NEWS SERVICES

Head of listeriosis probe in conflict of interest: Critics

HEALTH The woman appointed to probe last summer's deadly listeriosis outbreak has a glaring conflict of interest and can't credibly assess how public safeguards failed, critics say.

The Liberal, NDP and Bloc Québécois parties are all pushing for a full judicial inquiry into the disaster linked to Maple Leaf Foods.

Prime Minister Stephen Harper stopped short of that as he named Sheila Weatherill this week to lead an "arm's-length investigation."

TORSTAR NEWS SERVICE

Conflict

- The former Edmonton health care executive was appointed even though she already serves on Harper's advisory committee to revamp the public service.

Budget's tax breaks not permanent: Finance minister

ECONOMY Canadians are unlikely to see permanent, across-the-board reductions in their tax burden in Tuesday's budget because doing so could condemn Ottawa to perpetual budgetary deficits, Finance Minister Jim Flaherty confirmed yesterday.

The government is determined to reverse its negative fiscal situation as soon as possible and will lay out deficit escape tactics in the budget, Flaherty said.

Instead of broad-based tax cuts, the budget will contain short-term breaks and incentives such as tax credits for home renovations or tax savings for companies that invest in advanced or green technologies, sources have said.

TORSTAR NEWS SERVICE

Election not wanted: Iggy

The Opposition leader said yesterday that Canada needs an election over next week's budget "like a hole in the head" — the latest sign that he will keep the minority Conservative government in power.

If the Opposition Liberals vote against the Tuesday budget, the government will almost certainly be defeated. That could trigger an election at the end of February or the start of March.

"We need an election in February like a hole in the head. It is not the preferred choice of Canadians. We're in a recession (and) Canadians all know that an election is expensive," Liberal Leader Michael Ignatieff told a televised news conference in Montreal.

Ignatieff told Reuters on Tuesday that he was quite prepared to vote against the budget if he felt it could not tackle the growing effects of the financial crisis. He also said he was trying to calm political tempers.

> **"We need an election in February like a hole in the head ... We're in a recession (and) Canadians all know that an election is expensive."**
> Michael Ignatieff, Liberal leader

Prime Minister Stephen Harper needs the support of the Liberals to back the budget, given that the two other opposition parties in Parliament have already made clear they will vote against it.

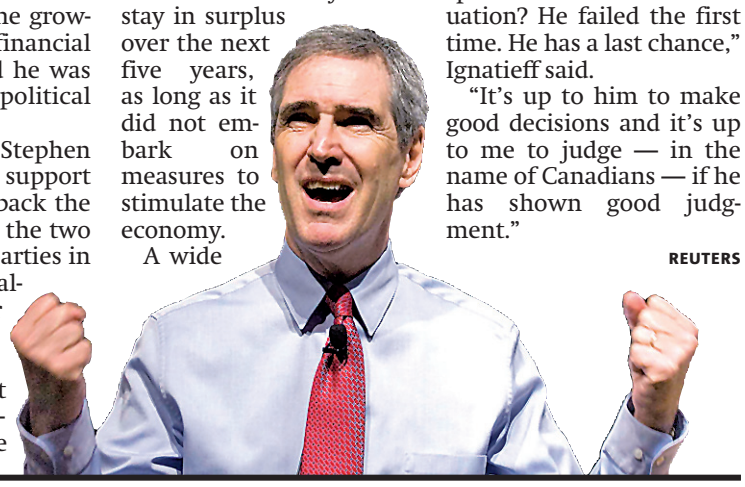
The government infuriated opposition parties late last November by issuing a financial update that predicted the country could stay in surplus over the next five years, as long as it did not embark on measures to stimulate the economy.

A wide array of economists dismissed the document as being totally unrealistic. Six weeks later, Finance Minister Jim Flaherty conceded the budget would be in deficit before any stimulatory measures.

"Will he (Harper) give us a budget which corresponds to the economic situation? He failed the first time. He has a last chance," Ignatieff said.

"It's up to him to make good decisions and it's up to me to judge — in the name of Canadians — if he has shown good judgment."

REUTERS



Poll finds Liberal support rising with new leader

POLITICS The Liberal party has gained popular support under new leader, Michael Ignatieff, according to a poll released by the Globe and Mail yesterday.

The Ekos/Globe and Mail poll shows a majority of Canadians hold a negative view of Conservative Prime Minister Stephen Harper, while Ignatieff was seen as the best leader to work with the new U.S. President Barack Obama.

Ignatieff has the approval of 44 per cent of respondents. But the Tories continue to lead in overall voting intentions in Canada, with the support of 36.2 per cent of respondents, compared with the Liberals at 32.6 per cent and the NDP at 14.3 per cent, the poll found.

REUTERS

Vancouver **Cancer dance**

KRISTEN THOMPSON/METRO CANADA

Ballerinas strike a pose yesterday to raise awareness about The Weekend To End Breast Cancer, which takes place across Canada every summer. Three of the 27 dancers wore pink to represent the ratio of women who will be diagnosed with the disease.

News in brief

SUPREME COURT Wal-Mart Stores Inc. violated the rights of workers at a Quebec store when it closed the store following union-organizing efforts, lawyers for the workers told the Supreme Court of Canada yesterday. The case has the potential for widespread repercussions as unions seek a foothold in Wal-Mart stores in Canada and the United States.

ASSAULT A Saskatchewan provincial court judge has been removed from his court duties after being charged with two counts of assault, CBC News Online reports. Judge Donald Bird has not sat in court since Dec. 4, 2008, when provincial court Chief Judge Carol Snell learned Bird was the subject of a criminal investigation, Snell said in a news release.

METRO NEWS SERVICES

New cream might prevent spread of herpes infection

Researchers say they have developed a cream that might prevent herpes infection for as long as a week — a potentially big step in protecting women from the sexually transmitted infection. The cream uses a new kind of therapy called RNA interference to turn off genes that the virus uses to invade cells, the researchers said. REUTERS

World/Business

Obama springs into action

U.S. President Barack Obama is set to issue an order to close Guantanamo Bay and meet with top financial advisers today after a busy first day in office yesterday that saw him meet his economic advisers and war council and plunge into Israeli-Palestinian peace diplomacy.

Obama's packed agenda signaled he was serious about meeting his promise to break sharply with his Republican predecessor George W. Bush's policies at home and abroad.

Obama also ordered a full review of the U.S. strategy in Afghanistan, where he has pledged to boost troop numbers, and told generals to take the first steps toward executing his campaign pledge to withdraw troops from Iraq.

Obama, who has vowed a bolder pursuit of Israeli-Palestinian peace than Bush, also called Israeli and Arab leaders to promise his help in consolidating the Gaza ceasefire.

On the domestic front, with markets volatile and job losses mounting, Obama held a late afternoon meeting with top economic advisers to try to chart a course out of the economic crisis. REUTERS

Guantanamo trials suspended

Obama is ready to issue orders today to close Guantanamo prison and overhaul the treatment of terrorism suspects. A draft executive order sets a one-year deadline to close the controversial U.S. military prison at Guantanamo Bay, Cuba, where foreign terrorism suspects have been detained for years without trial. A military judge yesterday suspended the cases of five suspected plotters of the 9-11 attacks and of Canadian Omar Khadr, a day after Obama sought a 120-day suspension of pending cases.

Israeli troops finish Gaza withdrawal

CEASEFIRE Israel completed a troop pullout from the Hamas-ruled Gaza Strip yesterday, starting its relationship with U.S. President Barack Obama by leaving Palestinian land devastated by the offensive.

"We've redeployed on our side of the frontier and we will follow events closely," said Mark Regev, a spokesman for Israeli Prime Minister Ehud Olmert. "If Hamas breaks the ceasefire, we of course reserve the right to act to protect our people."

Obama reiterated that he and his administration would work to achieve Middle East peace, a Palestinian official said.

Under international pressure to end the deadliest Israeli-Palestinian fighting in decades, Israel and Hamas declared separate ceasefires on Sunday, opening the way for more aid to be brought into the enclave where thousands are homeless. REUTERS

News in brief

POLITICS Hillary Clinton won U.S. Senate approval as secretary of state yesterday despite renewed Republican concerns about potential conflicts of interest created by her husband's foreign fundraising. On a 94-2 vote, the Senate easily approved Clinton's nomination by President Barack Obama. REUTERS

Business

Deficit to reach $13B?

Canada's budget deficit is likely to total at least $13 billion in the 2009-10 fiscal year, or 0.8 per cent of gross domestic product, before any stimulus measures are taken, the parliamentary budget officer said yesterday.

The new estimate compares with the officer's estimate last November of a deficit of $3.9 billion for the same period.

To avoid a long-term structural deficit, the Conservative government's upcoming budget should avoid any permanent measures, such as permanent tax cuts, that cost more than $6 billion annually, according to notes published by Kevin Page.

The rapidly worsening economy could lead to cumulative budget deficits of $46 billion from 2009-10 to 2013-14. REUTERS

Budget plans

- The budget next week will contain tax measures, Finance Minister Jim Flaherty said yesterday, but declined to say whether they would be permanent or broad-based measures.

Business in brief

BANKRUPTCY Nortel Networks has grounded its corporate jet, used to ferry its CEO Mike Zafirovski, and is in talks to get rid of the jet as it restructures.

AUTOS Toyota overtakes General Motors as the No. 1 automaker as its 2008 global sales hit 8.97 million compared to GM's 8.35 million. REUTERS

Clickalicious.

$249.99*

BlackBerry® Storm™ 9530 smartphone

Meet the Storm – the first-ever touchscreen BlackBerry smartphone. It feels better than anything you've held before, because the screen actually clicks like a button when you press it. Feel it for yourself at TELUS.

Get the 3G BlackBerry Storm on Canada's largest 3G network.

TELUS
the future is friendly®

TELUS AUTHORIZED DEALERS

LOWER MAINLAND

Vancouver

551 Robson St.

Oakridge Centre

Pacific Centre

2163 West 4th Ave.

501 West Georgia St.

101 - 925 West Georgia St.

5720 East Blvd.

689 Thurlow St.

3 - 1855 Burrard St.

3343 West Broadway

2748 Rupert St.

1 - 525 Seymour St.

150 - 625 Howe St.

105 - 950 West Broadway

1707 Robson St.

1092 Kingsway

10 - 3490 Kingsway

Burnaby

Brentwood Mall

Crystal Square

Lougheed Mall

Metrotown/Metropolis

214B - 4501 North Rd.

4711 Kingsway

7531 Market Crossing

111 - 3823 Henning Dr.

204B - 3430 Brighton Ave.

Coquitlam

Coquitlam Centre

101 - 3278 Westwood St.

5 - 3000 Lougheed Hwy.

2700B Barnet Hwy.

22 - 2988 Glen Dr.

2 - 901 Lougheed Hwy.

New Westminster

Royal City Centre

North Vancouver

Capilano Mall

127 - 1199 Lynn Valley Rd.

1295 Marine Dr.

1748 Lonsdale Ave.

1392 Main St.

Richmond

Aberdeen Centre

Admiralty Centre Mall

Ironwood Mall

Lansdowne Mall

Parker Place

Richmond Centre

115 - 12571 Bridgeport Rd.

West Vancouver

Park Royal Shopping Centre North/South

WHISTLER

7009 Nesters Rd.

Squamish

38116 2nd Ave.

For more details on these great offers, visit your TELUS authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP BEST BUY LONDON DRUGS Visions

Phone availability and price may vary. Prices are subject to change without notice. *Available until March 31, 2009. Effective net price after in-store discount at time of activation. Available for clients (new and renewal) who activate voice and data service with a combination of a voice rate plan and a data add-on totalling $45 or more on a 3 year term. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. TELUS, the TELUS logo and the future is friendly are trademarks used under licence from TELUS Corporation. BlackBerry®, RIM®, Research In Motion®, SureType®, SurePress™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited. © 2009 TELUS.

LOCAL
Publisher, Maryse Lalonde
Managing Editor, Fernando Carneiro
Distribution Mgr, George Acimovic

NATIONAL
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Assoc Mnging Editor, Tarin Elbert
Assoc Night Mnging Editor, Jim Reyno
Enter/Lifestyle Editor, Dean Lisk
Art Director, Laila Hakim
National Sales Director, Susan Courtney
Interactive/Mrktng Director, Jodi Brown

Comment & Views

Comment

A third force in Canuck politics

Home&Abroad

Andrew Cohen

Canada & world insight

It is heartening to learn that Barack Obama plans to make his first foreign trip as president to Canada.

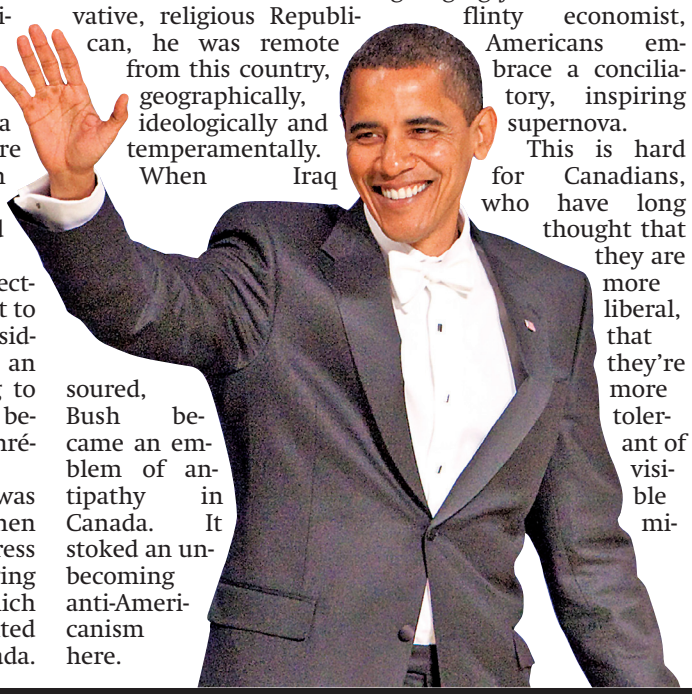
It is something of a tradition for a new president to visit Canada before he visits anywhere else. It is an expression of respect for America's oldest friend and largest trading partner.

In 2001, the newly-elected George W. Bush went to Mexico first. It was considered a snub in Ottawa, an inauspicious beginning to a prickly relationship between Bush and Jean Chrétien.

Our amour propre was wounded, again, when Bush addressed Congress after 9-11. Acknowledging the many countries which had helped the United States, he ignored Canada. Not terribly gracious, we thought.

Two years later, Canada refused to go to war in Iraq and conveyed its decision badly to Washington. An angry president cancelled a visit to Ottawa that spring. Said he was too busy.

George W. Bush knew or cared little about Canada. As a southwestern, conservative, religious Republican, he was remote from this country, geographically, ideologically and temperamentally.



When Iraq soured, Bush became an emblem of antipathy in Canada. It stoked an unbecoming anti-Americanism here.

That's gone now. Like almost everywhere else in the world, Barack Obama is a darling in Canada. Looking at him and the hope he's generated, Canadians are disappointed with their fractious politics.

Behold, American envy. It is now the United States, not Canada, which is new and daring. While we grudgingly elect a dour, flinty economist, Americans embrace a conciliatory, inspiring supernova.

This is hard for Canadians, who have long thought that they are more liberal, that they're more tolerant of visible minorities, that America is a melting pot of conformity. No longer.

Indeed, so great is Barack Obama's appeal that he could become a third force in our politics. He's more popular than Harper here, and that gives him credibility.

The president's influence, should he use it, may be greatest in climate change; Obama is expected to urge Canada to adopt higher continental standards on carbon emissions. This is a problem for Harper, who has supported the oilsands in Alberta, a huge source of pollution.

Then there is Afghanistan, where the Americans are increasing their military commitment. They will probably ask us to stay longer than 2011, when our troops are to leave.

As the president prepares to come to Ottawa, Harper will learn there is another leader of the opposition. His name is Barack Obama.

Andrew Cohen teaches journalism at Carleton University. He is the author of Extraordinary Canadians: Lester B. Pearson.

MICHAEL DE ADDER

Views

A reckless heart is really the danger

Doug Firby

There's a popular current of thought that snow resorts should "ban" skiers and riders who go out of bounds, for fear they are costing taxpayers a lot of money when they need to be rescued from remote backcountry locations.

But not every backcountry adventurer needs to be rescued. And charging them thousands of dollars for the rescue could discourage some from calling for help when they really need it.

When three skiers and one snowboarder slipped out of bounds at Vancouver's Grouse Mountain resort earlier this month in pursuit of some fresh powder, for example, they were "rescued" even though they reportedly didn't seek any help. In that case, the rescue — and subsequent ban from Grouse Mountain — was the resort's way of driving home the point that they don't want their facility used as an entry way to the backcountry.

In some cases, however, resorts have no such authority. All any resort can do is try to ensure there are plenty of signs warning adventurers of the potential dangers beyond the boundaries. Backcountry adventurers are supposed to register with Parks Canada before they head out, but you'd need an army of wardens to enforce such a requirement.

"It's too bad we couldn't bill people for being stupid or reckless. Often it's the ill-informed and ill-equipped ones who are the cause of trouble."

There is one offence, however, that ski areas can and do clamp down on — skiing or riding in closed areas. Guests who enter a closed area are liable to have their passes yanked for the season.

Areas are closed because they either don't have enough snow or have unstable conditions, including risk of avalanche. Knowingly entering one of those areas is an invitation for trouble, and a violation of the Alpine Responsibility Code, which requires skiers and riders to "stay off closed trails and closed areas." When you purchase your pass in western Canada, you agree to the terms of the code.

Snow resorts strongly prefer guests stay within bounds. The moment you slip under that rope, you are rolling the dice on conditions.

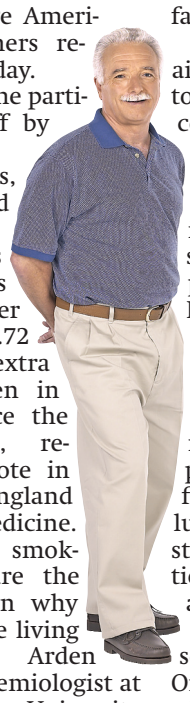
It's too bad we couldn't bill people for being stupid or reckless. Often it's the ill-informed and ill-equipped ones who are the cause of trouble. And everyone ends up paying the price for that.

Doug Firby is Associate Director of Communications for Sunshine Village Ski and Snowboard Resort in Banff National Park, Alta.

Worth mentioning

Cleaner air equals longer lives: Study

Dramatic improvements in U.S. air quality over the last two decades have added 21 weeks to the life of the average American, researchers reported yesterday.



Reducing fine particles given off by automobiles, diesel engines, steel mills and coal-fired power plants have added as much as 15 per cent of the 2.72 years of extra longevity seen in the U.S. since the early 1980s, researchers wrote in the New England Journal of Medicine.

Changes in smoking habits are the biggest reason why Americans are living longer, said Arden Pope, an epidemiologist at Brigham Young University in Utah who led the study.

Improved socioeconomic conditions, judged partly by the proportion of high school graduates living in an area, rank next. But cleaner air was a big factor.

"It's stunning that the air pollution effect seems to be as robust as it is after controlling for these other things," Pope said.

The findings show there has been a real dividend from the efforts since the 1970s to improve air quality, said Pope.

In a commentary, Daniel Krewski of the University of Ottawa said the study "provides direct confirmation of the population health benefits of mitigating air pollution and greatly strengthens the foundation of the argument for air-quality management."

Based on earlier research, the World Health Organization has estimated that 1.4 per cent of all deaths around the world are caused by air pollution particles. REUTERS

Metro Online Poll Results

66% SAID YES	Can Barack Obama reverse America's dwindling fortunes? *Weigh in on today's question at metronews.ca*	34% SAID NO

It's your turn to tell others what you think. E-mail your thoughts and opinions to: vancouverletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Vancouver 1190 Homer Street, Suite 250, Vancouver, BC V6B 2X6, Tel: 604-602-1002; Fax: 1-866-254-6504; Advertising: 604-602-1002 • adinfovancouver@metronews.ca; vancouver_distribution@metronews.ca; News: fernando.carneiro@metronews.ca

Steelers in white
The Pittsburgh Steelers will wear their white road uniforms against Arizona in the Super Bowl, just as they did when they defeated Seattle for the NFL title three years ago in Detroit. The Cardinals, as the home team, chose to wear their red home jerseys in the Feb. 1 game in Tampa. METRO NEWS SERVICES

Sports

Burns battling cancer again

Former Maple Leafs and Canadiens coach Pat Burns is fighting cancer for the third time. Burns told Montreal's La Presse he was diagnosed with lung cancer last spring. He underwent chemotherapy during his first two bouts with liver and colon cancer, but the newspaper reported he will now try other methods of treatment. METRO NEWS SERVICES

SPORTS@METRONEWS.CA

A matter of time

Luongo, Sundin will come around: It's inevitable

TheHockeyNews

Sam McCaig
thehockeynews.com

If the marriage is anything like the honeymoon, it's going to be an ugly divorce.

The union between the Vancouver Canucks and recently acquired Mats Sundin and recently healthy Roberto Luongo hasn't exactly been domestic bliss, but happier days are ahead. They have to be; it can't get any worse, can it?

The Canucks beat Edmonton 4-2 in Sundin's debut on Jan. 7, but have since lost six consecutive games (0-4-2) to limp into the all-star break. Luongo has played the last three games after coming back from a groin strain that sidelined him for nearly two months. Vancouver, of course, lost all three contests (0-2-1), including a 6-5 shootout loss to visiting Columbus last Sunday. Not good.

So, no, it's not all unfolding as Canucks general manager Mike Gillis envisioned when he finally hooked Sundin in December and landed him on the west coast. The neophyte GM has made few moves since arriving in Vancouver in the summer; Sundin, by far, is the most significant addition. But with two goals, three points and a minus-three rating through seven games — and the fact he's been in the penalty box for three game-winning goals against — the sublime Swede hasn't had the anticipated early impact.

Luongo, meanwhile, surrendered an un-Luongo-like 11 goals in his first three games back, with post-injury stats that include an unflattering 3.51 goals-against average and an .876 save percentage.

But let's face it: Sundin and Luongo are going to get better, a lot better, and soon. It's inevitable.

Sundin was a notoriously slow starter in Toronto; now he's a soon-to-be 38-year-old trying to catch up after missing training camp and the first half of the season. Naturally, he's going to need (at least) a few weeks to a month before he really starts rolling.

Not to mention, he's on a new team in a new city after 13 seasons as a Maple Leaf. He used to rule Leafs Nation as Toronto's longtime captain and best player; now, he's just trying to fit in and, Mats being Mats, he's probably being extra careful not to rock the boat.

Likewise with Luongo — it's merely a matter of time. After sitting for 25 games, even the NHL's best goaltender is going to have a little rust.

The good news is, Luongo looked sharp in his most recent outing, a 2-1 overtime loss at San Jose on Tuesday. That is, at least for the first 59 minutes — Luongo lost the shutout when the Sharks scored with 40 seconds remaining in regulation, and San Jose tallied again with less than two minutes left in overtime to steal the victory.

Dempster 'should be playing'

ToulBox

Scott Rintoul
scott.rintoul@metronews.ca

Canada's chances at this spring's World Baseball Classic were damaged this week when three B.C. boys opted to skip the event.

Pitchers Jeff Francis and Rich Harden declined the invitation because they are not completely healthy, but fellow hurler Ryan Dempster said no for different reasons.

His explanation includes the potential disruption of his preparation in spring training and a sense of obligation to the Cubs after they invested $52 million US in him this off-season.

Though Baseball Canada appears satisfied with Dempster's rationale, Langley's Aaron Guiel is not.

"Guiel believes that if Justin Morneau is willing to don the maple leaf after inking a six-year, $80-million extension last summer, then Dempster should be doing the same."

Guiel, who will suit up for Canada, told the Team 1040 yesterday that Dempster "should be playing" and that it's "disappointing to see him sit out because of a contract."

Guiel believes that if Justin Morneau is willing to don the Maple Leaf after inking a six-year, $80-million extension last summer, then Dempster should be doing the same.

• To play or not to play? That is the question being debated among Canucks fans with regards to Roberto Luongo's participation in the all-star game this weekend in Montreal.

It's common knowledge that the Canucks' chances of making the playoffs hinge on their No. 1 netminder, and many Vancouverites are uneasy about Luongo risking his health in what is essentially an exhibition game. The captain has just returned from a groin injury that sidelined him 25 games, and any further setback would all but doom the Canucks in their pursuit of the postseason.

It's a worthy argument to be sure, but count me among those who have no problem with Luongo's decision to suit up this weekend. Very few players are in Luongo's league when it comes to his drive to succeed, and I refuse to believe he would strap on the pads if he thought it would compromise his ability to backstop the Canucks.

Scott Rintoul is a college athlete, sports fan and broadcaster. He can be heard Monday-Friday on the TEAM 1040 from 6-9 a.m.

MAX Dental @ Yaletown

NEW PATIENTS PACKAGE
$199* APPROX. $325 VALUE
EXPIRES JAN. 31/2009
Ask about "Whitening for Life"
* Includes Check-up & Cleaning and choose from a FREE electric toothbrush OR take home whitening kit for $49 OR ZOOM! Whitening for $199 (reg $399). *Some exceptions may apply.*
WE DO BOTOX!
The MAX Dental @ Yaletown
90 Smithe Street 604.609.2020 www.yaletowndentists.com

$8,888 RED ENVELOPE GIVEAWAY
PICK THE LUCKY RED ENVELOPE AND YOU COULD WIN $8,888!
JOIN US FOR YOUR CHANCE TO WIN!
JANUARY 1 – FEBRUARY 2, 2009
VISIT GUEST SERVICES FOR COMPLETE CONTEST CONDITIONS.
Edgewater Casino
DOWNTOWN VANCOUVER
At The Plaza of Nations
750 Pacific Boulevard South
Vancouver, BC V6B 5E7
604.687.3343 | 1.877.688.3343
bclc
Know your limit, play within it.
19+ YEARS

More online
For more home and condo news and columns, check metronews.ca/vancouver/life/househome.

Metro Homes

Green's the word

Never mind the gloomy grey of winter. It's time to think green. That's because jade green is predicted to be the hottest colour for walls in 2009, leading Canadian paint brand CIL Paints has announced.

METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Living with pets should be a right

If you live with a pet in an apartment or condo, you've probably already heard about the latest attempt to force longtime tenants to ditch their pets or hit the street. Your heart goes out to those West End cat owners, and you're glad they've united to fight the building owner's eviction threats.

The reported reason for the sudden demand is possible "lethal" allergic reaction, which is in no way a tactic to kick out long-term tenants in order to jack the rents, you understand. I've yet to read a single report of death by cat exposure, but I do know that forcing people out of their homes or separating them from loved ones is detrimental to their emotional health. For those of us who share a life with a dog or cat, the mere idea that we must suddenly choose between pet and shelter is unimaginable.

Sure, there's a sudden small surge in rental units, due to the tumultuous real estate market, but most owners of those individual condo-owners won't accept pets or are tied to a no-pet-policy strata bylaw, for the usual reasons of noise or wear and tear.

The same bylaw could be applied to children, who are prone to making noise and spilling things.

A full life is not a still life, and the pet-friendly building I live in is proof of that. The dogs woof briefly when anyone walks past their door. The cats sometimes caterwaul during the wee hours. The wail of a fire truck siren provokes the hounds to howl.

Yet unlike no-pet-policy buildings, ours has an easy-going, friendly vibe. The dog-owners often end up doing their evening walks together. The cat owners tend to hang with their home-body pets — quite the opposite of those crash-pad residents you never meet. The building isn't pristine and silent, but alive and warm with human (and canine and feline) activity, which includes keeping on top of pet issues. That means limiting the number of pets per unit, requiring that all pets be leashed in common areas, and addressing any incessant noise.

Pet-friendly buildings can maintain an attractive common-area decor by choosing materials with pets in mind, such as high-hiding patterned commercial-grade carpeting and water-repellent tile at all entrances.

We'll be a truly civilized city when a no-pet policy is considered as much of a violation of basic human rights as a no-children policy.

Carlyn Yandle is a Vancouver journalist with her own room-planning business, Home Reworks; carlyn@homereworks.com.

UrbanDweller
Carlyn Yandle
metronews.ca/urbandweller

CARLYN YANDLE PHOTO
A place in the sun, for pets and their owners

LEAKY BASEMENT or CRAWLSPACE?
Free Written Estimates & Inspections
Remove Water Permanently
Save up to 50% over other Methods
Transferable Written Warranty
Basement Systems Vancouver
Basement & Crawl Space Specialists
bsv.ca 604-581-1115
A healthy home starts with a dry basement

SleepCountry
CLEARANCE CENTRES
All Price Ranges • Luxury Models
Discontinued Models • Demonstrators
Mix & Match Models • Metal Headboards
Adjustable Beds • Mattresses of All Comfort Levels • All Sizes Available, Even Kings!

SERTA • SEALY • SIMMONS • TEMPUR
RESTWELL • AND MORE
OPEN 7 DAYS A WEEK
MONDAY - FRIDAY 10AM TO 9PM
SATURDAY 9:30AM TO 6PM | SUNDAY 11AM TO 5PM
QUEENBOROUGH LANDING
805 BOYD STREET, NEW WESTMINSTER
604-515-9711 (IN FRONT OF WALMART & BEST BUY)
STRAWBERRY HILL SHOPPING CENTRE
12077 72ND AVENUE, SURREY
604-597-3313 (ACROSS FROM WINNERS & CHAPTERS)

Plan your heart out, then get a realtor

With the lowest interest rates in decades now being offered by banks and credit unions, people are once again venturing out to score that great deal. But as much as you may want to rely solely on your realtor to find you that perfect home, there is some homework you need to do before you reach out for help

The first thing every buyer needs to do is get prequalified for a mortgage either through a mortgage broker or bank. In most cases, people are surprised by how much or little they are offered from the banks. As with everything in life, having a solid grasp of your budget will make the search for your new space more focused for both you and your realtor. The pre-approval process can take up to a week so give yourself enough time to find the right mortgage for you.

Finding the perfect neighbourhood is another way to make the journey run smoothly. This is something that can be done with you and your partner or friends. Venture out to the areas you love at different points in the day. Try out the local shops and cafés. Make sure that a neighbourhood you love is just as appealing at night as it is during the day.

Focusing on the style of home you are seeking is another great way to get set before meeting a realtor. Use a weekend to venture out to some open houses. Take your time walking through the spaces and paying special attention to the layouts and sizes of the homes. Will your belongings fit? Is the space functional for the way in which you will use it? Bring a tape measure! Answering these questions will give you great guidelines for your realtor in terms of finding the right sized space and right floor plans.

Following these tips will ensure that when you hire your real estate expert, they have all the information required to make your search quick and efficient. It will also save you a lot of frustration and keep the buying process fun and exciting (the way real estate should be)!

Ryan DeLuca is a realtor with Sotheby's International Realty Canada, and host of The Real Estate Minute on Novus TV; rdeluca@sothebysrealty.ca.

HouseLeague
Ryan DeLuca
metronews.ca/houseleague

Everything at Affordable Prices
• Luxurious Kitchen Cabinets
• Interior & Exterior Doors - Unique Design
• Decorative Art Glass Windows & Blinds
• Portable Tool boxes & Work Benches
Unit 1 – 12351 Bridgeport Road, Richmond
Tel: 778-297-1338
Fax: 778-297-1336
Showroom Hours: Mon. to Fri. 8:30am - 5pm
APOLLO BUILDING MATERIALS LTD
Your Home, Your Way
www.apollo-canada.com

VANCOUVER'S LARGEST REAL ESTATE LIQUIDATION EVENT

- MAC Marketing Solutions is amassing a large group of buyers to purchase real estate at heavily discounted prices.
- $150 million portfolio of prime completed real estate located throughout the Lower Mainland will be sold, at prices far below market value.
- Each of the 375 properties has been substantially discounted for immediate sale during this one day bulk real estate liquidation event.
- These brand new, beautifully finished homes, are set in prime locations, and are ready for occupancy.
- Extraordinary market conditions have created a once in a lifetime chance to purchase quality homes at affordable prices in the Lower Mainland.

Take advantage of this incredible opportunity.

Call 1-800-301-1010
or visit www.macbulk.com

MĀC Marketing Solutions

MAC is proud to extend courtesy to Realtors. Bulk and institutional buyers welcome. This is not an offering for sale. Individual properties will be sold by disclosure statement. Call immediately for details. E & OE.

Sweet reunion
Sweet, steamed cakes are popular during Chinese New Year; their sweetness symbolizes a rich, sweet life, the layers symbolize rising abundance for the coming year, and the round shape signifies family reunion. METRO NEWS SERVICES

Food

"The word for fish, 'Yu,' sounds like the words both for wish and abundance. On New Year's Eve it is customary to serve a fish, symbolizing a wish for abundance in the coming year." Barb Holland/for Metro Canada

Served whole
For added symbolism, the fish is served whole, with head and tail attached, symbolizing a good beginning and ending for the coming year.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Here's to another New Year

À la carte

Barb Holland
Metro Food Writer

As it falls on the first day of the lunar calendar, the specific date of Chinese New Year changes each year. This year, 2009, it is Jan. 26 and this is the Year of the Ox.

Given the importance of food in Chinese culture, it is not surprising that food plays a major role in Chinese New Year celebrations and "lucky" foods are served through the two-week Chinese New Year celebration.

What gives a certain food symbolic significance? Sometimes it is based on appearance. Noodles represent a long life; an old superstition says that it's bad luck to cut them. Or, a food may have special significance because of the way the Chinese word for it sounds. The Cantonese word for lettuce sounds like rising fortune, so it is common to serve a lettuce wrap filled with other lucky food.

Kung Pao Chicken

This spicy dish is served in both Szechuan and Hunan restaurants. Serve with rice or noodles and a green vegetable such as bok choy. Makes 4 servings.

INGREDIENTS:
- 1 lb (500 g) boneless, skinless chicken thighs or breasts, trimmed of any fat and cut into 3/4-inch (2 cm) cubes
- 1 tbsp (15 ml) soy sauce
- 1 tsp (5 ml) dried hot pepper flakes
- 1 tsp (5 ml) cornstarch
- 1/4 cup (60 ml) chicken broth
- 1 tbsp (15 ml) Chinese black vinegar, balsamic or rice vinegar
- 1 tsp (5 ml) sugar
- 2 tsp (10 ml) Asian chili garlic sauce
- 1 tsp (5 ml) hoisin sauce
- 1 tbsp (15 ml) vegetable oil
- 1 red pepper, cut into 1-inch (2.5 cm) squares
- 1/2 tsp (2 ml) cornstarch stirred into 1 tsp (5 ml) cold water
- 1/3 cup (75 ml) roasted, salted peanuts
- Cooked rice or noodles

Noodles represent a long life and it is considered bad luck to cut them.

METHOD:
In a medium bowl, stir together soy sauce, hot pepper flakes and cornstarch until smooth. Add chicken and toss gently to coat. Let stand 10 minutes while preparing remaining ingredients.

Sauce: Stir together broth, vinegar, sugar, chili garlic and hoisin sauces, set aside.

Heat oil in large skillet or wok over medium-high heat. Add chicken and stir-fry until lightly cooked, 1 to 2 minutes. Add red pepper and stir-fry until tender-crisp, about 2 minutes. Stir in sauce mixture until bubbly and heated through.

Add dissolved cornstarch and cook, stirring gently until sauce thickens, about 30 seconds. Stir in peanuts and serve over rice or noodles.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Hockey champs' secret chef weapon

JENNIFER HILLIKER
for Metro Canada

Ever since the Canadian Junior Hockey Team won gold at the World Junior Hockey Championship in Sweden two years ago, they haven't wanted to change their luck.

That's why they brought Jeff Hanna and his chef Andrew Gass with them during the recent world junior championships in Ottawa.

"What you eat is a very big deal," said first-year player Tyler Myers. "It has a lot to do with your success on the ice."

A gold medal for Canada has come out of all three years Hanna and Gass have served the team.

"If they have a winning recipe for anything they do, they are going to stick with it," said Hanna, who owns The Metropolitan Grill, Tommy Burger and Seven Restolounge in Calgary. "We're three for three. We like to think that we did our part."

The other reason why Hanna and Gass keep returning to serve the team is because of their flair for knowing the athletes' food needs, which include grilled cheese sandwiches and plenty of pasta bolognaise. "We served them mounds and mounds of pasta — it was unbelievable," Hanna said. "The team needs lots of carbs to keep their energy up."

ROBIN KUNISKI/FOR METRO CANADA

Calgary chef Andrew Gass.

Added Gass: "They just want something they can recognize. They have pretty regimented routines with stuff they're used to eating before the game."

It was this taste of Canada the team needed for the gold in Sweden.

"Hockey Canada phoned and said, 'For the first time ever in hockey history, we're going to bring our own chefs. With the dietary concerns in Sweden, the players aren't going to survive out there,'" Hanna said.

As well as serving the team day-to-day, Hanna and Gass prepared special meals. This year they took over a restaurant in Ottawa on New Year's Eve to cook for the team and their friends and family.

On the menu was a three-course dinner, starting with a lobster Caesar salad with a five-cheese garlic bread, then AAA Alberta beef tenderloin with a homemade Hollandaise sauce and fresh asparagus, complete with a light and dark chocolate mousse for dessert.

On the web

Online recipe:
- For Andrew Gass' recipe Hearts of Romaine Lobster Caesar Salad, visit metronews.ca

LiquidAssets

Peter Rockwell
liquidassets@eastlink.ca

Long lost grape

When it comes to grapes there's been a lot of excitement in the vineyards over the last few years.

We've seen the return of long forgotten whites (riesling, sauvignon blanc), the rise of the South American red (malbec, carménère) and Obama-sized adulation for inventive blends (like the marriage of shiraz and viognier). Unfortunately all this "cool" fruit has taken its toll on one of my favourite varietals: Chardonnay.

First planted in France's Burgundy region, it's now grown just about everywhere and I blame the over oaking of many a chardonnay for all the back-turning.

The **2007 Fat Bastard Chardonnay ($14.95 - $16.99)** from southern France is a perfect example of where subtle barrel aging really lets the grape's lemony fruit come forward.

Over in California the **2006 J. Lohr Riverstone Chardonnay ($20.75 - $23.98)** shows its light woodiness that fuel its ripe, citrusy flavour trail.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

FREE WIRELESS ACCESS
is now available at Blenz.
Connect, relax and enjoy!
metro Do it daily.
BLENZ COFFEE

Time to Wine
The 31st Annual Vancouver Playhouse International Wine Festival takes place this year from March 23 to 29. More than 1,600 wines, 183 wineries, 15 countries and 61 events. British Columbia is the theme region and Pinot the featured varietal grape. Get tickets and info at playhousewinefest.com. METRO NEWS SERVICES

Urban Foodie

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

This Wallflower stands out

ANYA LEVYKH
anya.levykh@gmail.com

The Wallflower Modern Diner
2420 Main St.
Vancouver
604-568-7554
Signature Drink:
Wine or juice, your choice
Signature Dish:
Wallflower Burger
Rating: ●●●
Dinner & drinks for 2:
Less than $50

It doesn't really look like a diner when you walk through the door. Of course, that could be because this space used to be Aurora Bistro, and the new proprietors have kept the renos to a minimum. The service doesn't feel dinerish, either. It's too friendly, too knowledgeable and the servers just look too sharp in their cool I-don't-dress-for-work gear.

The menu is what gives it away. The French onion soup ($6) isn't fancy, but you can't argue with a pound of shredded caramelized onions in a dark, slightly salty broth. Duck spring rolls ($9) were less impressive.

On the web
- Read the full article online at metronews.ca/vancouver/columnist/40411.
- Chew more on Anya's blog at metronews.ca/vancouver/blog/136310.

My Canuck burger ($12) with the house patty was very good, lots of mushrooms and bacon, but the side of fries had a certain McCain's quality that left most of them on the plate.

A shrimp, bacon and avocado wrap ($9) was enormous, tasty and was that a bunch of side stripe I just ate? A starter of Maui ribs ($10) was just delightful. Curried crab and apple cakes ($9), however, were disappointing — not enough apple and overcooked crab.

Yes, there's room for improvement, but I left both times feeling strangely satisfied and happy. It could have been the four pounds of comfort food I scarfed down or the pleasingly small bill, but the Wallflower is one diner that stands out from the crowd.

ANYA LEVYKH/FOR METRO VANCOUVER
The Canuck burger with bacon, mushrooms and cheese.

The Many Sides of Pinot: Pinotage

You'll be reading a fair bit about Pinot varieties over the next few weeks as we get closer to wine fest time. First off the bat, Pinotage, a red wine grape from South Africa, where it is the signature variety. Here in B.C., Inniskillin's Discovery Series includes a slightly spicy Pinotage that boasts a heavy palate of red fruit, with a nose of cherry, raspberry and prune. A few layers of toasted vanilla lead the nose to a nice finish. Match with rich pastas, braised meats or savoury stews. $30 at BCLS.

Dining out

NO DINE-OUT HERE
For those select few looking to escape the madness that is Dine Out, here are some of the restaurants sticking to business as usual: Chambar (562 Beatty St), Fuel (1944 West 4 Ave), Campagnolo (1020 Main St), La Brasserie (1091 Davie St) and Les Faux Bourgeois (663 East 15 Ave).

PRIX FIXE IN PEACE
While many restaurants are not officially doing Dine Out, they are offering various prix fixe options, in the $30 to $40 range, until the end of the month. Ones to try: Cibo Trattoria (900 Seymour St), Senova (1864 West 57 Ave), Chow (3121 Granville St) and Mon Bella Bistoria (1809 West 1 Ave).

In brief

EC RAPHAEL GONZALEZ of Yew Restaurant at the Four Seasons Hotel has been transferred to Philadelphia. Chef Oliver Beckert will be stepping in.

ANDRE MCGILLIVRAY has amicably parted ways with Jeremie Bastien, Mark Brand and Neil Ingram, and is no longer one of Boneta's owners. On a positive note, Boneta's guests helped raise more than $1,700 for the Food Bank in December.

Sarah Jessica comments on Obama gown

Style icon Sarah Jessica Parker tells Usmagazine.com she loved the one-shouldered full-length white Jason Wu gown Michelle Obama wore to the 10 balls Tuesday evening. "I think she will be great for the business of American fashion," Parker tells Us magazine. METRO NEWS SERVICE

Style

An accessory for the gal about town

Horrified of all the germs your purse will come in contact with on a dirty restaurant floor? If so, the My Tagalongs Purse Hooker is the perfect accessory for you. This handy collapsible hook latches onto any flat surface, making it easy to keep your purse safe and clean during an evening out. The My Tagalongs Purse Hooker, $15, comes with its own pouch and is available in the handbag section of the Bay stores across Canada as well as online at mytagalongs.com. METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Focus on jacket silhouettes

The Short Sleeve
Designer: H&M
Shop: H&M
Address: Various Locations
hm.com

Cape Jacket
Designer: K. Brower
Shop: Dream
Address: 311 W. Cordova St.
604-683-7326

Structured
Designer: Joseph & Elizabeth
Shop: joseph-elizabeth.com
Address: #111 - 211 Columbia st.
604-722-0720

Black Jackets

Preppy black and navy blue blazers were a popular choice for jackets early fall last year. Stylists paired it with dresses, jeans and sweaters. Common accessories for the conservative jacket were belts and bold metal military-inspired buttons. This year the jacket takes on different cuts and forms. Designers have taken the shape and fit into account and have focused on the silhouette of the jacket. Slim fit and cropped jackets are a thing of the past. This year, look out for loose fit and moderate length jackets.

Jean Trends

Gossip Girl stylist Eric Daman made the boyfriend cardigan a big hit last season. This spring the slouchy boyfriend jean is the thing to wear. However, the slim fit jean is still here to stay; although instead of the typical skinny black and indigo jean, we are seeing a lighter washed up version with rips on the thighs and frays on the edges. One jean trend that will last you all year long is the flare jean. Wear the flare this season with nautical stripes or pair it with a loose boho-inspired shirt.

Style File

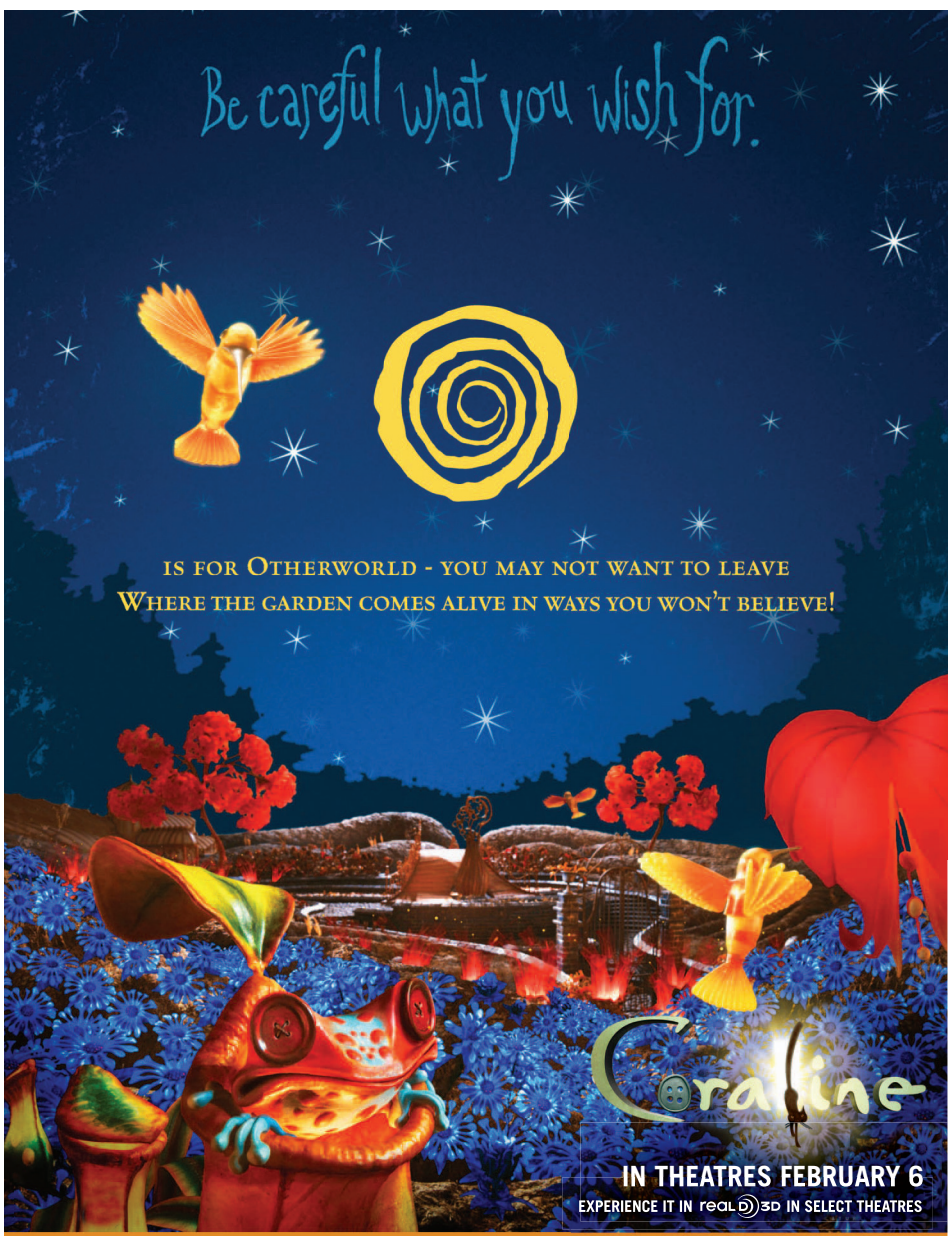
Kim Elbo
kim.elbo@gmail.com

ask kim

When should I expect spring collections to start rolling into the stores this year?

At this time of year many outdoor stores and malls are having their sidewalk sales. This means old holiday inventory wear is being pushed out of the doors and sold outside to make room for their spring inventory. Spring collections should start coming in late January to early February.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.



Go to METRONEWS.CA and tell us the page you found this letter on for your chance to win 1 of 30 *Coraline* Prize Packs!

LAIKA FOCUS FEATURES metro Do it daily. ALLIANCE

No purchase necessary. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes January, 30th 2009.
Odds of winning depend on number of entries received. Winners will be required to answer a skill testing question. For full contest rules and details, visit www.metronews.ca

Starting Feb.5, twelve courses open to any student interested in learning about Aboriginal Music and Culture taught by some of Canada's most exciting Aboriginal performing artists.

Kinnie Starr
MC-singer-poet-actress-beatnik music maker

Sandy Scofield
Award-winning songwriter, powerful voice, arresting lyrics

Renae Morriseau
Interdisciplinary artist, actor, producer, educator, mentor

Dave McLeod
Aboriginal broadcaster, music historian

All courses are free. Apply now. Call 604.443.8484

vcc.ca

Vancouver Community College

Welcome to pure skin

Late nights. Early mornings. Life can be hard on your skin. That's why we've created the NEW Bioré® Daily Recharging line. It's uniquely designed to remove impurities and nourish your skin using natural ingredients – leaving you looking and feeling refreshed. If only everything in life was this simple.

Bioré®. Beauty starts here.

Bioré®

Cruise wants to pilot new film

Tom Cruise wants to star in a film about last week's Hudson River plane crash. The actor, who is a qualified pilot himself, wants to play Captain Chesley Sullenberger — the man who successfully crash-landed the aircraft on to the New York river, saving all 150 passengers. **FEMALEFIRST.CO.UK**

Entertainment

Escort service

Katie Holmes has landed a part in a new comedy called The Extra Man. The flick stars Kevin Kline as a failed playwright who becomes an escort to older ladies. INTOUCHWEEKLY.COM

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Springsteen realizes a Dream

Bruce **Springsteen**

Album: Working On A Dream
Label: Sony
Rating: ●●●●½

BRUCE SPRINGSTEEN IS in a happy place. His buddy Obama is in office. He's got a Golden Globe for The Wrestler (it's a "bonus track" on this album). He's got Patti. And his last album proved he can still rock the new milenium. You figure The Boss can do just about whatever he wants, now. And you'd be correct about that. He can write happy endings to outlaw songs, find love in "aisle two" of the local supermarket, score his music with layers of strings, write dime-store lyrics like "honey, you're my lucky day." This is a remarkably beautiful rock album, perhaps finally capturing the sound that should have been the backdrop for Born To Run. And it still features our old friends from E-Street, keyboards and sax so fat you could hide an army in them, guitars that slice through the night. Some critics, yearning for the poetry of Badlands and Thunder Road, may call it shallow. But who really cares? The Boss can do what he wants. We're lucky to have him.

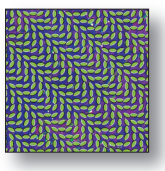
Graham Rockingham/for Metro Canada

Music**Reviews**

music@metronews.ca

Animal **Collective**

Album: Merriweather Post Pavilion **Label:** Domino
Rating: ●●●½



PARENTS, IF YOU find this in your children's collection, check the sock drawer. You'll be able to identify Animal Collective by the cover art. It should turn 3-D when you're high. Don't worry, though. It's not dangerous. It's actually pleasant, trippy fun. The sort of stuff that will plaster a smile on your face and leave it there for ... hours. A world of multi-layered dreams, off-kiltered harmonies, kaliope organs and cold, dripping water.

Graham Rockingham/for Metro Canada

GETTY IMAGES

Joshua **Redman**

Album: Compass
Label: Nonesuch/Warner
Rating: ●●●½

SOME JAZZ ARTISTS can over-load on instrumentation and arrangements, and then adopt an ostentatious attitude when outsiders can't wholly understand their art. Redman prefers to welcome listeners to a clutter-free environment — he on sax with a bass or two and one or two drummers — as a way to showcase his skilled Sonny Rollins-esque originality. Ear-pleasing jazz never sounded so arty yet so accessible.

Ian Nathanson/for Metro Canada

Antony and **the Johnsons**

Album: The Crying Light
Label: Secretly Canadian/ Sonic Unyon
Rating: ●●●●

ANTONY HEGARTY'S soaring operatic vocals and orchestral instrumentation are not for the casual listener, but play this a few times and it's easy to see why everyone wants a piece of the Mercury Prize winner. Deeply personal lyrics about pressing world and human issues and flawless string work combined with haunting melodies makes this a must have.

Bryan Borzykowski/for Metro Canada

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 1/22/09	251	308	3 CBC	Coronation St.	Jeopardy! (N)	The Nature of Things (CC)		Doc Zone (N) (CC)		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News	The Insider	Name Is Earl	Kath & Kim	Criminal Intent (2005) Linda Purl, Vanessa Angel. (CC)				News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	CSI: Crime Scene Invstgtn.		Grey's Anatomy (N) (CC)		(:01) ER "Love Is a Battlefield"		News (N)
	-	-	10 OMNI	The Daily	Frasier (CC)	Smallville "Bulletproof" (N)		Supernatural (N) (CC)		Scrubs (CC)	Diya (CC)	New Day
	252	336	11 GTV	Entertainment	ET Canada	Bones (CC)		The Office (N)	The Office	The Unit "The Conduit" (CC)		News (N)
	256	389	12 VI	Instant Star	TMZ (N) (CC)	Don't Forget the Lyrics! (N)		Eleventh Hour "Miracle" (N)		(:02) Private Practice (N)		News (CC)
	253	359	13 CITY	Law & Order: SVU		Ugly Betty (N) (CC)		30 Rock	30 Rock (N)	Murdoch Mysteries		EP Daily
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Smallville "Bulletproof" (N)		Supernatural (N) (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	NCIS "Agent Afloat" (CC)		CSI: Crime Scene Invstgtn.		(:01) Eleventh Hour "Miracle"		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Name Is Earl	Kath & Kim	The Office (N)	(:31) 30 Rock	(:01) ER "Love Is a Battlefield"		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	Divine Design	House	Confidential	House	Divine Design	House	Maxed Out
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Ugly Betty (N) (CC)		Grey's Anatomy (N) (CC)		(:02) Private Practice (N)		KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	Izzy and Moe ★★ (1985) Jackie Gleason, Art Carney.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Field Guide	Doc Martin (CC)		Poirot "Murder in the Mews"		Globe Trekker (CC) (DVS)		Spain
	290	382	28 FOX	Two/Half Men	Two/Half Men	Bones "Double Trouble in the Panhandle; Fire in the Ice" (N)				News (N) (CC)		Family Guy
	-	364	43 PBS	The Human Face "Beauty"		Red Green	Summer Wine	Tavis Smiley	Charlie Rose (N) (CC)		This Old Hse.	Yankee Shop
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	The Insider	Entertainment	Skin Secrets
	298	653	35 TLA	Two/Half Men	Two/Half Men	Smallville "Bulletproof" (N)		Supernatural (N) (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	66 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Friends (CC)	My Wife-Kids
	297	652	67 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Frasier (CC)	Frasier (CC)	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		Late Late Show		Will & Grace	Will & Grace
news	502	390	26 NW	The Nature of Things (CC)		CBC News: The National (N)		CBC News: The National		The Nature of Things (CC)		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	The Ultimate Fighter		Hockey	UFC	Best Damn Sports Show		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	(4:00) Tennis Australian Open -- Early Round -- Day 5. From Melbourne, Australia. (Live) (CC)						SportsCentre (Live) (CC)		SportsCentre
	411	457	49 OLN	Bounty Hunter	Bounty Hunter	Survivorman (CC)		Mantracker (CC)		Bounty Hunter	Bounty Hunter	Survivorman
	410	403	54 SCR	Basketball	NBA Basketball Washington Wizards at Los Angeles Lakers. (Live)					Final Score	Final Score	Final Score
	417	406	55 SC	Wrecked	Wrecked	Trackside	NASCAR Pre.	Pinks -- All Out		Pinks -- All Out		Wrecked
	416	409	144 GLF	Gol TV News	Soccer Cam	Extra Time	Footballers	Extra Time	Extra Time	Gol TV News	Extra Time	Gol TV News
family	552	543	25 YTV	Scorpion	Prank Patrol	Malcolm-Mid.	Futurama	Adrenaline	Prank Patrol	Falcon Beach (CC)		Mystery Hnt.
	555	545	50 TEL	Totally Spies	Total Drama	6teen	6teen	Misadventures	Futurama	The Critic	Chicken	Undergrads
	557	541	51 FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	56 TRE	Comfy Couch	Rolie Polie	Max & Ruby	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Strange Days on Planet Earth		Michael Palin's New Europe		Adventures in Architecture		Vertical City	e2 (CC)	Diff Life
	575	583	20 CMT	Hope & Faith	Hope & Faith	Cheerleaders	Cheerleaders	Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	24 MM	Video on Trial	Pimp My Ride	Video on Trial	Video on Trial	America's Best Dance Crew			Technical Diff.	Spotlight
	600	564	29 H&G	Home to Flip	Real Renos	Holmes on Homes (CC)		The Fix (CC)	Disaster DIY	Home to Flip	Real Renos	Holmes
	615	520	31 A&E	The Beast "Two Choices" (N)		The Beast "Two Choices"		The First 48 (CC)		The First 48 (CC)		The Beast
	628	584	32 SPKE	(6:00) TNA iMPACT! (N) (CC)		CSI: Crime Scene Invstgtn.		UFC	UFC	MANswers	MANswers	Disorderly
	521	560	34 TLC	LA Ink "First Anniversary" (N)		Saw for Hire	Saw for Hire	LA Ink "First Anniversary"		Overhaulin' 1965 Mustang.		LA Ink (CC)
	616	522	39 SHO	The Outer Limits (CC)		Love-Death	Love-Death	Trailer Park	Trailer Park	The Island ★★ (2005) Ewan McGregor. (CC)		
	620	523	40 BVO	(6:00) Century Hotel ★★ (CC)		Law & Order "Armed Forces"		Without a Trace "Manhunt"		Century Hotel ★★ (2001) Lindy Booth. (CC)		
	601	562	41 SLC	The Biggest Loser		ET Canada	Matchmaker	The Biggest Loser		Trading Spouses		Biggest Loser
	520	505	42 DIS	MythBusters "Coffin Punch"		Daily Planet (CC)		Deadliest Catch (CC)		Squid Invasion (CC)		Crocodile
	522	506	44 HIS	NCIS "Driven" (CC)		Lost Worlds (CC)		Deep Wreck Mysteries (CC)		NCIS "Driven" (CC)		Ancestors
	627	528	45 SPC	Ghost Hunters International		Stargate SG-1 Goa'uld lord.		Star Trek: Next Gener.		Star Trek: Deep Space Nine		Star Trek: Ent.
	294	650	47 TBS	The Mask ★★★ (1994) (PA) Jim Carrey, Cameron Diaz. (CC)				Sex and-City	Sex and-City	(:10) Minority Report ★★★ (2002) (PA) (CC)		
	619	525	48 TROP	Make	Fashion	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy	Married... With	Seinfeld
	603	561	52 FN	Family	Glutton	Ace of Cakes	Ace of Cakes	Challenge Knife skills. (CC)		Unwrapped	Secret Life of	Family
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	VIP	Gong Show	Daily Show
	320	621	60 CEN	(6:30) The Mermaid Chair (CC)		How to Rob a Bank ★ (2007) Nick Stahl.			Prom Night ★★ (2008, Horror) Brittany Snow.			The Hitcher
	581	566	101 MTV	True Life (CC)		MTV Live	After	Next (CC)	Mom & Dad	True Life (CC)		MTV Live
	261	394	102 V	(6:00) Oh God! You Devil ★★		Poltergeist: The Legacy		Oh God! You Devil ★★ (1984) George Burns, Ted Wass.				Paid Program
	-	-	109 MUL	Matchmaker	Mom's-Upset	Vancouver	Kahkashan	Dheeyan Ghar	Sadabahar	Desi-Mama	Desi Rhythms	Patrol World

critics'corner

ER

Matters of the heart — and we don't mean cardiac cases — are uppermost in this new episode. While Gates (John Stamos) tries to get over Sam (Linda Cardellini), Neela (Parminder Nagra) is on edge thanks to Brenner's (David Lyons) return from Australia. Patients? Oh, yeah. Morris (Scott Grimes) treats a bicycle accident case that proves complicated in "Love Is a Battlefield." 10:01 PM on CTV NBC

30 Rock

So what's she going to do — lots of drugs? Jenna (Jane Krakowski) prepares to play Janis Joplin by using Method acting techniques, putting her at Frank's (Judah Friedlander) mercy. Jack (Alec Baldwin) asks Liz (Tina Fey) to join him at the company retreat for moral support. Kenneth (Jack McBrayer) tries to explain the role of diet in controlling diabetes to Tracy (Tracy Morgan) in the new episode "Retreat to Move Forward." 9:30 PM on CITY

Bon **Iver**

Album: Blood Bank
Label: JagJaguwar/Sonic Unyon
Rating: ●●●½

ONE OF THE best musical moments of 2008 was Bon Iver's brilliant debut. On For Emma, Forever Ago, singer-songwriter Justin Vernon, perfected the infectious, lo-fi acoustic sound, so it's no surprise that his four-song EP is another fantastic listen. Opener Blood Bank, with its soft pounding bass drum and rich harmonies improves on his formula; Woods, however, is a miss thanks to Vernon's Kanye-like auto-tuned vocals. Still, this will leave you desperate for a new full-length.

Bryan Borzykowski/for Metro Canada

Job At Home
$487.68 Weekly.
Mail Work, Assemble Products or Computer Work
www.TopJobVancouver.com
Or Write to: CHR Jobs
900 Greenbank Road
Suite #415 • #916-MV1
Ottawa ON, K2J 4P6

G4S Security Services (Canada) Ltd.
Leading Intl. Security Provider
FT & PT Positions
MUST HAVE BST 1 & 2
604-661-0313 fax: 604-683-0621
kevin.paxman@ca.g4s.com

Obama musical in spring
The brand new, 44th President of the United States has inspired a brand new musical. March will bring Obama On My Mind to London — to Islington's Hen and Chickens Theatre, to be exact, reports Playbill.com. **PEOPLE.COM**

Arrested film unlikely

IntelleVision

HOPE SPRINGS ETERNAL: "We've been covering rumours of an Arrested Development movie for nearly a year now," writes Brian Jacks on MTV's Movies Blog, before going on to dish up the latest news — or non-news, as it may be — about the unmade film that no one seriously expects to see.

Movie versions of cancelled TV series are basically the production house version of "I'll call you" — an insincere promise made during a moment of weakness, meant to paper over the awkwardness of telling people that one day, hopefully sooner than they think, it'll be time to move on.

Movie versions of everything from The Sopranos, Rome and Deadwood to The Riches and Jericho have been talked about, sometimes with a straight face — HBO has a seasoned Lothario's propensity for the empty gesture — but they've only rarely materialized; Joss Whedon's Serenity, based on his short-lived Firefly series, and the epic Sex And The City film are the most recent examples, and I don't think anyone will seriously suggest that the reputation of the originals was in any way enhanced by their movie reprises.

Talk of an Arrested Development film has been going on since before the last episode aired almost two years ago.

Several of the key cast members have made enthusiastic noises about doing a film, but the notable holdout has been rumoured to be Michael Cera, whose career has taken off since the show left the air.

Interviewed at Sundance, Cera denied that he was the holdout to MTV, but did say that he has yet to see a script and that the movie may be "more hypothetical than people think." By now, fans of the show should probably start admitting that the moment is past, and that by the time this chimera could actually materialize in the theatres, it'll be the equivalent of a Freaks And Geeks movie. (Which, come to think of it, is what nearly every Judd Apatow film so far has been.)

I KNOW I PROMISED, BUT: Now that creator Matt Weiner has been resigned to the show for two more episodes, I think it's time I broke my vow not to talk about Mad Men until the third season begins — sometime in July, according to the New York Post. And that would be all I've got, right now. Yup, that's it. Nothing more. You can stop reading now.

Rick McGinnis writes about music, movies, books and television, but not opera.

Love Guru leader in Razzie roster

NOMINEES The Love Guru, a comedy that Mike Myers spent years developing only to see it flop at the box office last summer, led the contenders for the annual Razzie Awards, a tongue-in-cheek commemoration of the year's worst movies, organizers said yesterday.

The film, in which the Canadian comic plays a spiritual healer, picked up seven nominations, including worst picture, director and screenplay.

Myers will compete for worst actor alongside some of Hollywood's biggest stars — last year's winner, Eddie Murphy, (Meet Dave), Al Pacino (88 Minutes and Righteous Kill), Mark Wahlberg (The Happening and Max Payne) as well as comedian Larry the Cable Guy (Witless Protection).

The worst actress category comprises Myers' co-star Jessica Alba, who was also honored for The Eye, Cameron Diaz (What Happens in Vegas), Paris Hilton (The Hottie & the Nottie), Kate Hudson (Fool's Gold) and My Best Friend's Girl), and the cast of The Women.

Director M. Night Shyamalan's The Happening and the romantic comedy The Hottie & the Nottie were also nominated for worst picture, alongside the spoofs combo Disaster Movie and Meet the Spartans, and the fantasy adventure In the Name of the King: A Dungeon Siege Tale.

Disaster Movie and Meet the Spartans, competing as a single entity, garnered six nominations, while The Hottie & the Nottie and In the Name of the King landed five each, and The Happening four. As with The Guru, they all yielded nods for worst director and worst screenplay.

Hilton scored a total of three nominations. The socialite, who is not known for her acting chops, was also cited for her supporting role in Repo: The Genetic Opera and in the worst screen couple race for The Hottie & the Nottie.

Winners will be announced at a Hollywood theatre Feb. 21, a day before the Academy Awards. **REUTERS**

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

Obama stylist nets reality show deal

PEOPLE Michelle Obama's hairstylist has landed a development deal to star in a reality show. Former Chicagoan Johnny Wright has signed a deal with 44 Blue, which produces such reality shows as Style Network's Split Ends and A&E's L.A. Gang Unit. "There aren't many people of colour doing makeover and beauty shows," 44 Blue executive vice president Stephanie Drachkovitch said. "We figured there's got to be somebody out there with a mainstream clientele, but brings a different point of view." **REUTERS**

Slumdog Millionaire director Danny Boyle, who won a Golden Globe last week, is keeping his fingers crossed for Oscar nods.

Slumdog's real star: Mumbai

Slumdog Millionaire is not perfect, director Danny Boyle said yesterday, adding no filmmaker could capture the essence of a bustling city like Mumbai in a single project.

The cast and crew of the Oscar hopeful are in India in the run-up to the Indian premiere of the critically acclaimed film, a rags-to-riches story of a boy from a Mumbai slum competing on a TV gameshow.

"I have to admit, absolutely admit, that it's not perfect. I don't think any filmmaker can ever capture that city," the British director said at a press conference in New Delhi.

"It's an extraordinary city with all its extremes. You hope to capture bits of it if you can. That's what we tried to do."

Slumdog Millionaire came under fire from parts of the Indian media, who accused Boyle of romanticizing slums and peddling begging rackets, prostitution and crime as Indian exotica.

The film has sparked a debate on whether such "poverty porn" reinforces Western stereotypes about the country, though Boyle said he was trying to capture Mumbai's "lust for life."

Slumdog Millionaire swept the Golden Globe awards this month, landing four honours including best drama, and earned 11 nominations at Britain's BAFTA awards. **REUTERS**

GlobalStyle

Read Kenya, exclusively at metronews.ca/globalstyle and check out her blog at kenyastyle.com

Someone call him a cab

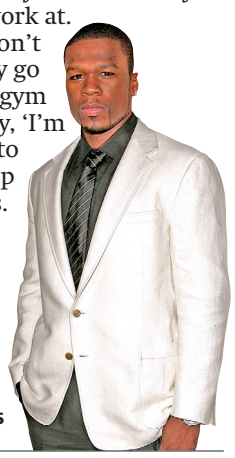
Shia LaBeouf has had his driver's license suspended for a year, femalefirst.co.uk reports. The Eagle Eye star has been banned from driving after failing to take a breathalyzer test following his car crash in Hollywood, Los Angeles, last July. METRO NEWS SERVICES

Celebrity Buzz

Fiddy has a 'girly' workout routine

IMAGE 50 Cent says he works out like a woman, femalefirst.co.uk reports. The muscular rapper says his toned physique is the result of "girly" weight-free routines rather than pumping iron.

He said: "It's intense, and there are no weights involved. And some of it's like girly stuff, like just kicking your leg, but it's muscles you don't really ever work at. Men don't usually go to the gym and say, 'I'm going to develop my ass. This'll be the J.Lo workout.'"



METRO NEWS SERVICES

Renee's dating a TV correspondent

DATING Renee Zellweger is dating a journalist, female first.co.uk reports. The actress was spotted enjoying an intimate meal with MSNBC legal correspondent Dan Abrams at the American Hotel in Sag Harbor, New York, on Saturday. The couple canoodled throughout the evening, appearing completely at ease in each other's company. Zellweger is not the first actress with whom Abrams, 42, has been romantically linked.

METRO NEWS SERVICES

Law's recovered from gym mishap

INJURY British actor Jude Law was spotted around New York City recently wearing a neck brace. But it turns out it wasn't for anything serious. The actor "tweaked his neck working out and only had a brace on for a few days," his rep told the New York Post. "He is fine now."

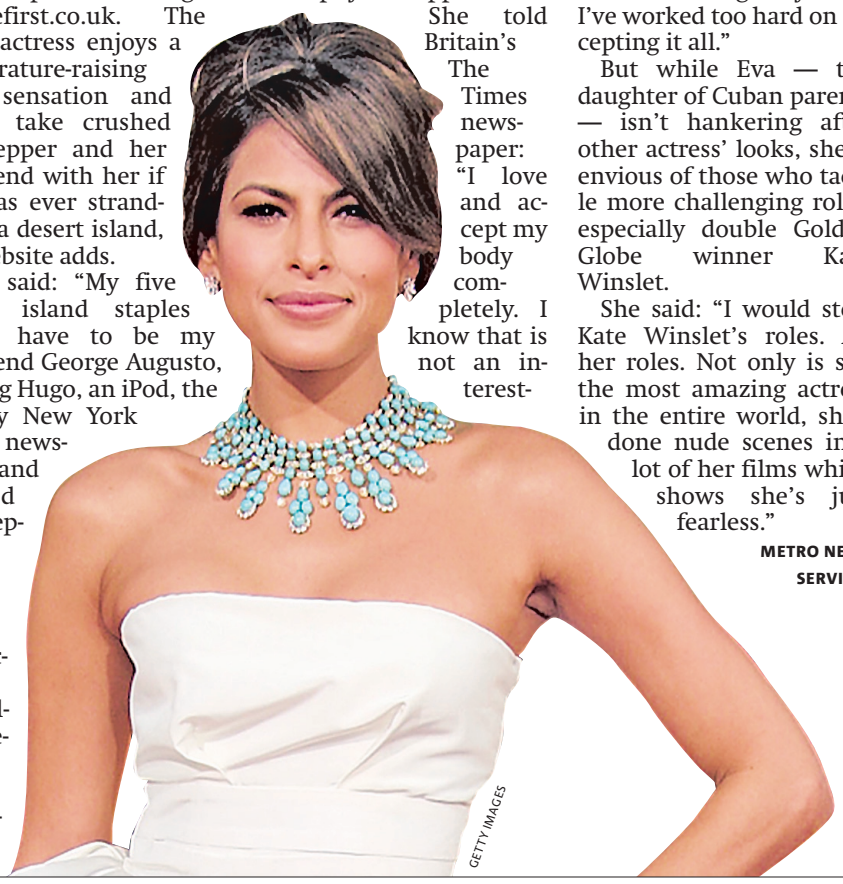
METRO NEWS SERVICES

Eva's gotta have spice

FAVES Eva Mendes can't live without spice, according to femalefirst.co.uk. The Spirit actress enjoys a temperature-raising taste sensation and would take crushed red pepper and her boyfriend with her if she was ever stranded on a desert island, the website adds.

She said: "My five desert island staples would have to be my boyfriend George Augusto, our dog Hugo, an iPod, the Sunday New York Times newspaper and crushed red pepper."

The 43-year-old actress has also revealed she wouldn't change a thing about her physical appearance. She told Britain's The Times newspaper: "I love and accept my body completely. I know that is not an interesting answer, but I really wouldn't change anything. I've worked too hard on accepting it all."



GETTY IMAGES

But while Eva — the daughter of Cuban parents — isn't hankering after other actress' looks, she is envious of those who tackle more challenging roles, especially double Golden Globe winner Kate Winslet.

She said: "I would steal Kate Winslet's roles. All her roles. Not only is she the most amazing actress in the entire world, she's done nude scenes in a lot of her films which shows she's just fearless."

METRO NEWS SERVICES

Joaquin 'storms' out of soundcheck

ANGER MANAGEMENT Joaquin Phoenix reportedly "stormed out" before a Las Vegas concert after losing his cool with a film crew, femalefirst.co.uk reports.

The actor-turned-singer is believed to have been furious when Casey Affleck's camera crew — who are documenting Joaquin's transition into music — were late for his sound check at LAVO nightclub last week, the website adds.

A source said: "He was waiting for Casey Affleck and when the film crew arrived late, Joaquin flipped out. Phoenix yelled at the crew, 'Thanks for being late and f—ing everything up.' He then threw a CD on the floor and stormed out."

Phoenix soon regained his composure and returned to the stage to rehearse his set, leaving onlookers unsure if he was genuinely annoyed.

The source added to the New York Post newspaper: "He came back five minutes later and did the sound check. Nobody can tell if he is for real or if this is all a big joke."

Later that night, the 34-year-old star surprised onlookers by performing three hip-hop numbers.

During his set, a dishevelled Joaquin — who was sporting an unkempt beard and long hair — danced unsteadily and fell into the crowd as he exited the stage, adds the website.

METRO NEWS SERVICES

Marc Anthony brings J. Lo onstage for a duet

COUPLEDOM That Marc Anthony sure knows how to end his set, people.com reports. The crooner completed his recent inaugural performance by bringing "my wife," Jennifer Lopez, on to the stage with him, for a duet.

This thrilled the crowd at the Inauguration's Western Ball, held in the largest ballroom of the Walter E. Washington Convention Center, where the guests also included Angela Bassett and Harold & Kumar and House star Kal Penn, reports The Washington Post. The 10:25 p.m. appearance of Lopez also further put to rest rumours of a marital rift between the couple.

Earlier in the evening, Anthony had said, "I wrote this next song about Jennifer. I must have been psychic." The song was his decade-old You Sang to Me. "She didn't get the point, but eventually it worked," said Anthony, the Associated Press reports.

The couple ended their duet with a kiss. "Man, she's cute," Anthony said after Lopez exited the stage.

METRO NEWS SERVICES

Joint bank account for Sam and Lindsay?

ROMANCE Lindsay Lohan and Samantha Ronson have taken their relationship to the next level — by reportedly setting up a joint bank account, reports eonline.com

The Mean Girls star has been dating the DJ since last year but the couple has been plagued by rumours they are on the brink of a split for several months.

But now Lohan has shown her commitment to the relationship by allegedly ploughing some of her wages into an account for the pair.

A source tells Britain's Daily Express, "Lindsay was reportedly earning $168,000 US per episode for her stint on Ugly Betty last year and she's stashed that into a joint bank account to show Sam how much she loves her."

Ronson, who is said to earn as much as $23,460 US for a disc-spinning performance, has always been fiercely keen to keep her financial independence — and constantly splashes the cash on her actress girlfriend.

METRO NEWS SERVICES

Jonas Bros. are in the house

PARTY CRASHERS President Barack Obama and his wife Michelle weren't the only ones who got entertained by A-listers on inauguration night. Their daughters Malia, 10, and Sasha, seven, received a surprise visit from the Jonas Brothers, says usmagazine.com. ABC News reports that the Obama girls kicked off inauguration night by watching High School Musical 3 and Bolt with some of their pals from their new school Sidwell Friends.

They then had a scavenger hunt around their new home to learn its history. At the end of their hunt, according to ABC News, Malia and Sasha opened a door to find Kevin, Joe, and Nick Jonas (who had performed their hit Burning Up for the girls Monday night at the Kids' Inaugural Concert).

METRO NEWS SERVICES

Aniston gives good relationship advice

ADVICE Jennifer Aniston thinks her relationship advice is so good, she could have made a career out of it. "I feel I have an ability to understand relationships and see things clearly," the He's Just Not That Into You star told Britain's More magazine.

"I like to think that I give good advice. I think I'd have made a good therapist if I hadn't become an actress." As for all the media attention her own relationships garner, Aniston said, "I'd rather not have my personal relationships receive so much attention, but that's not going to stop me from falling in love."

METRO NEWS SERVICES

Amy rescues fellow guest off the rocks

GOOD DEED Singer Amy Winehouse helped rescue a fellow guest at the St. Lucia resort where she's been staying. Louise Williams said Winehouse saved her after she was thrown from a boat onto rocks during a sailing lesson.

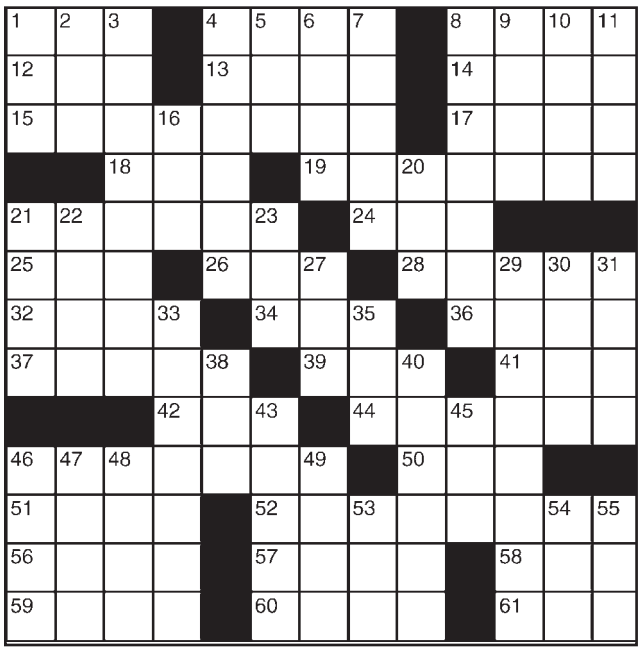
"Amy was on the beach 20 metres away and she ran across immediately and said, 'Let's have a look at you,'" Williams told Britain's the Sun. "She picked me up and took me across to the showers and was constantly asking, 'Are you all right?'" Winehouse later said: "I thought she was going to die."

METRO NEWS SERVICES

The Weather Network 20 YEARS
TWN incorporates MSC data
Today Mainly sunny 2°/ -2°
Friday Variable 0° / -1°
Saturday Partly cloudy 3°/ -2°
WeatherEye... Free App Available on iPhone.

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



Crossword across

1 Ming of the NBA
4 Census statistics
8 Envelope part
12 Ostrich's cousin
13 Pleasing
14 Queue
15 Don't move
17 Prayer ending
18 Piratic potation
19 Wilder drama
21— council ("Survivor" event)
24 Snapshot
25 Computer woe
26 Torched
28 Extemporizes
32 Wan
34 Luau side dish
36 Urban disturbance
37 Fix a knot
39 Antiquated
41 "CSI" evidence
42 Water barrier
44 Carell's "The 40 Year Old Virgin" co-star
46 Summertime cooler
50 Clay alias
51 Wise guys?
52 Ill-defined time
56 Andy's pal
57 Exceptional
58 — polloi
59 Netting
60 — and terminer
61 Cowpoke's nickname

Crossword down

1 "Absolutely"
2 Parisian pal
3 Unreservedly
4 Critter
5 Showbiz job
6 Reverberate
7 Arrangement
8 Freight train component
9 Wheels of fortune?
10 From square one
11 Teller's cohort
16 Bathroom fixture
20 "6 Rms — Vu"
21 Ski-lift transport
22 Stratagem
23 Back talk
27 As well
29 Cinderella's curfew
30 Corn recipe
31 Constellation part
33 Leo Rosten's tongue
35 Sort
38 Cause corrosion
40 Casino employee
43 Subway
45 Inventor Whitney
46 Mosque VIP
47 Arrived
48 Ids' counterparts
49 Vacationing
53 Rage
54 Break ground?
55 Ducats

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

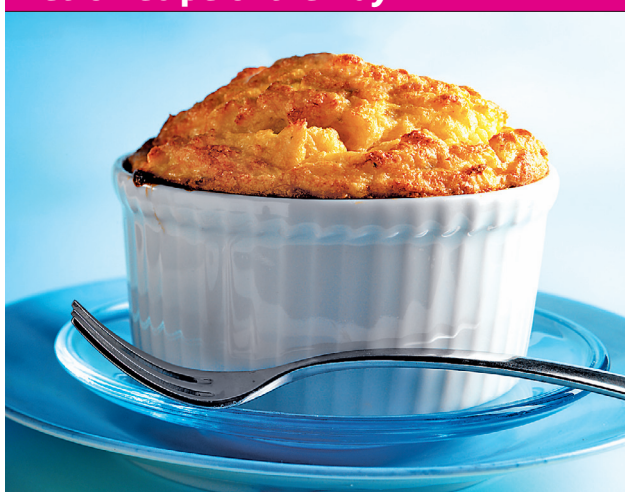
		3				6	2	
8	9						7	
			7		9	4		
		1			4	8		6
			6		5			
9		7	3			5		
		6	2		3			
	3						8	1
	2	5				3		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

8	7	2	1	5	6	4	9	3
6	9	3	4	7	2	1	8	5
4	5	1	8	3	9	7	6	2
5	2	8	6	4	1	3	7	9
7	1	4	9	2	3	8	5	6
3	6	9	5	8	7	2	1	4
2	8	7	3	9	5	6	4	1
9	4	6	2	1	8	5	3	7
1	3	5	7	6	4	9	2	8

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day



Fish Soufflés

INGREDIENTS:
5 oz (150 g) waxy potatoes, scrubbed
salt and freshly ground black pepper
2/3 lb (300 g) skinless ling or hake fillets
3 tbsp (45 mL) butter, softened
2 French shallots, finely chopped
1/4 cup (50 mL) cream
3 eggs, separated
1 tsp (5 mL) wholegrain mustard

METHOD:
1. Put potatoes and pinch of salt in saucepan with plenty of cold water. Cover, bring to boil, and cook for 25 minutes until tender.
2. Meanwhile, put fish and pinch of salt in large frying pan with enough cold water to cover. Bring to boil, then reduce heat immediately. Cover and simmer 3 minutes. Leave fish to cool in liquid, then drain and coarsely crush flesh with fork; removing bones.
3. Heat 2 tsp (10 mL) butter in small saucepan, add shallots and cook gently over low heat 5 minutes. Add cream and remove from heat.
4. Preheat oven to 400°F (200°C). Use 2 tsp (10 mL) butter to grease four 1 1/4 cup (300 mL) ramekins. Drain and peel potatoes and crush with fork. Add remaining butter, shallot-cream mixture and some pepper. Beat in egg yolks and mustard. Fold in fish.
5. Add pinch of salt to egg whites, whisk until stiff then fold into potato-fish mixture. Pour into soufflé dishes and smooth surface with a spatula. Bake 15 minutes until puffed and golden. Serve immediately.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
You won't move fast enough to pull off a quick exit. A youthful woman will give you what you need. A friendship is undergoing drastic changes.

TAURUS
APRIL 21-MAY 21
Compassion convinces someone to help you out. A miser is tempted to sway the opposition. You can calm someone down.

GEMINI
MAY 22-JUNE 21
Your prospects will improve when you become fearless. An egomaniac will be in the right place. You don't have to settle for second best.

CANCER
JUNE 22-JULY 22
You'll find a safe place to hide your money. Someone's pity party will push you too far. Heed a loser's opinions for inspiration.

LEO
JULY 23-AUG 23
Painless adjustments are going to be made. Watch out for those who don't seem normal. This is the time to use self-control.

VIRGO
AUG 24-SEPT 22
A dreamlike situation will force you to wake up. Only women will understand a tough lesson. Be brave when facing disillusion.

LIBRA
SEPT 23-OCT 23
A happy person's phone call gives comfort. A clash turns someone into a blubbering fool. A vexing person agrees with you on a touchy subject.

SCORPIO
OCT 24-NOV 22
A beneficial trip will have happy consequences. A man arrives bearing glad tidings. An appealing object has uncertain value.

SAGITTARIUS
NOV 23-DEC 21
Being tactful will help in a tense situation. Get ready to jump for joy after a leap of faith. A man's laughter creates intimacy after dark.

CAPRICORN
DEC 22-JAN 20
You'll brighten someone's day. Lack of business causes an offer to be withdrawn. You can find a better situation soon.

AQUARIUS
JAN 21-FEB 18
Standing by your promises reassures others. Too much passion will be good enough. You'll need to be very diplomatic.

PISCES
FEB 19-MARCH 20
An arrogant person is incapable of going it alone. You'll get out of a predicament. A friend will ask for help at a crucial moment.

WORDY GURDY®

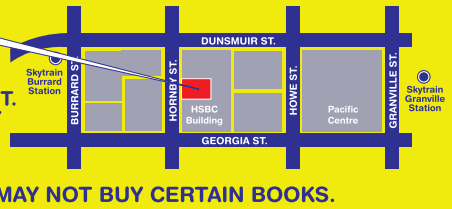
BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Guided Foxx of "Sanford and Son" (1)
2. Possesses fossils (1)
3. Yucky medicinal amount (1)
4. Co-op admissions panel laughed hard (1
5. Compares and rates muddy deposits (2)
6. Naval address for Muppets' creator Jim (2)
7. Siesta taker's paging devices (2)

ANSWERS
1. LED READ 2. OWNS BONES 3. GROSS DOSE 4. BOARD ROARED 5. JUDGES SLUDGES 6. ENSIGN HENSON 7. SLEEPERS BEEPERS

1-22-09

BOOK·OFF VANCOUVER STORE
SELL & BUY
BOOKS • CDs • DVDs • VIDEO GAMES
A NEVER BEFORE SEEN USED BOOK STORE!
BOOK·OFF VANCOUVER STORE
636 HORNBY ST.
604-605-8887


WE MAY NOT BUY CERTAIN BOOKS.
ALL OUR ITEMS ARE CLEAN AND IN GOOD CONDITION!
OPEN 7 DAYS A WEEK, INCLUDING HOLIDAYS • 10am - 8pm

FLIGHT CENTRE Unbeatable
LAS VEGAS 4 NIGHTS
FROM $95
INCLUDES roundtrip airfare and 4 nights 3-star accom on the Las Vegas Strip. UPGRADE to 4.5-star accom from $15 per night.
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex: Vancouver. Air only prices are per person for return travel unless otherwise stated. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Transportation related fees, fuel supplements, taxes and GST are excluded. BC REG: #HO2790

From diagnosis to recovery we're essential to your health.

KEVIN
Occupational Therapist

KAREN
Dietitian

SUSAN
Physiotherapist

JULIE
Radiation Therapist

GERALD
Health Records Administrator

ANITA
X-ray Technologist

In addition to doctors and nurses, your health care depends on a highly specialized team of **health science professionals**.

From diagnosis through treatment and recovery, we're there every step of the way – helping people who are dealing with a serious illness, condition or injury.

But increasing staff shortages are putting an even greater strain on your hospitals and community health centres.

Staff shortages mean longer waiting lists. Government needs to take action.

Tell your MLA: It's time to protect quality public health care by training, attracting and retaining more health science professionals.

HSA
Health Sciences Association
The union of caring professionals
hsabc.org

Medical Laboratory Technologist • Medical Radiation Technologist • Physiotherapist • Social Worker • Occupational Therapist • Pharmacist • Respiratory Therapist • Dietitian • Health Records Administrator • Diagnostic Medical Sonographer • Radiation Therapist • Speech/Language Pathologist • Biomedical Engineering Technologist • Nuclear Medicine Technologist • Counsellor/Educator • Preschool Teacher/ECE • Recreation Therapist • Psychologist • Researcher/Analyst • Cytotechnologist • Cytogenetics Technologist • Cardiac Ultrasound Technologist • Supported Child Care Consultant • Testing Technician (Psychometrist) • Music Therapist • Infant Development (IDP) Specialist • Audiologist • Electroneurophysiology (ENP) Technician • Genetic Counsellor • Clinical Perfusionist • Child Life Specialist • Diagnostic Neurophysiology Technologist • Polysomnographic Technologist • Cardiopulmonary Technologist • Combined (Lab/X-ray) Technologist • Radiotherapy Service Technologist • Dosimetrist/Physics Technician • PT/OT (Dual-Registered) • Orthotics Technician • Orthotist • Remedial Gymnast • Electromyography (EMG) Technician • Orthoptist • Dental Hygienist • Assessor/Licensing Officer • Electronystagmography (ENG) Technician • Librarian • Seating Devices Technician • Diagnostic Vascular Technologist • Aquatic Therapist • Art Therapist • Assistive Technology Consultant • Exercise Therapist/Specialist • Prosthetics Technician • Prosthetist • Anaplastologist • Neuromuscular Technician • Cardiology Technologist • Mould Room Technologist